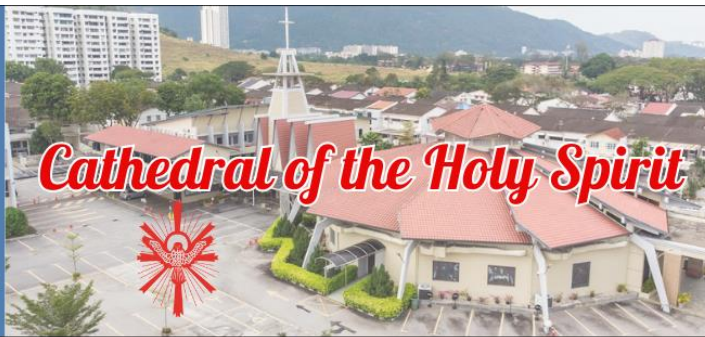


CHS BULLETIN

1, Tingkat Besi Satu,
Island Park, 11600 Penang

+604-6584909 | +604-6566681
+604-6564309 (FAX)



Cathedral of the Holy Spirit

Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com

CHSpenang

holyspiritcathedral.com

chspenang

youtube.com/CHSPgTv

2024 THEME
FEBRUARY

**SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION
CELEBRATING HUMAN FRATERNITY**

PASTORAL STATEMENT FOR THE EVE OF CHINESE NEW YEAR AND ASH WEDNESDAY

Dear People of God,

This year, Chinese New Year falls on Saturday 10 February 2024 and Ash Wednesday 14 February 2024 falls on the fifth day of Chinese New Year.

The Catholic Bishops Conference of Malaysia, Singapore, Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore and Brunei offers the following guidance:-

- 1) On Friday 9 February 2024, being the eve of Chinese New Year, dispensation is given from abstinence.
- 2) The liturgy for the Sunset Mass on Saturday 10 February 2024 shall be the liturgy of 6th Sunday in Ordinary Time.
- 3) Fast and abstinence shall remain for Ash Wednesday which falls on 14 February 2024.

Wishing you the Lord's abundant blessings and joyous celebration of the Chinese New Year.

William Cardinal Goh

President
Episcopal Regional Liturgy Commission
Catholic Bishops' Conference of Malaysia, Singapore, Brunei

| DATE | TIME | ACTIVITY | MASSES IN THE PARISH |
|--|--|---|--|
| Feb 11 (Sun) <i>Levi 13:1-2,44-46 1 Cor 10:31-11:1 Mk 1:40-45</i> | 8.00 am 10.30 am | MASS (M) MASS (E) | 6TH SUNDAY IN ORDINARY TIME (YEAR B) No Livestream Livestream |
| Feb 12 (Mon) | 6.40 am 7.00 am | Lauds MASS (E) | No Livestream |
| Feb 13 (Tue) | 6.40 am 7.00 am | Lauds MASS (E) | No Livestream |
| Feb 14 (Wed) | 7.00 am 12.00 noon 8.00 pm | MASS (E) MASS (E) MASS (ETM) | ASH WEDNESDAY (Fast & Abstinence) (with Blessing & Imposition of Ashes) No Livestream No Livestream Livestream |
| Feb 15 (Thu) | 6.10 pm 6.30 pm | Vespers MASS (E) | No Livestream |
| Feb 16 (Fri) | 12.00 pm 8.00 pm | WOC (ETM) followed by MASS (E) <i>WOC – E (Church), T (Chapel), M (Classroom) MASS (E) (Church)</i> | Livestream only for 8pm WOC (E) & Mass |
| Feb 17 (Sat) | 6.40 am 7.00 am 5.30 pm 6.00 pm | Lauds MASS (E) Praise & Worship MASS (E) | Memorial of the Seven Holy Founders of the Servite Order No Livestream Livestream |
| Feb 18 (Sun) <i>Gen 9:8-15 1 Peter 3:18-22 Mk 1:12-15</i> | 8.00 am 10.30 am | MASS (M) MASS (E) | 1ST SUNDAY OF LENT (YEAR B) No Livestream Livestream |

PARISH ACTIVITIES

| | | | |
|--------------|---------|-------------------|---|
| Feb 12 (Mon) | 3.30 pm | Legion of Mary | |
| | 8.30 pm | EMHC Recollection | St. Mark, Ground Floor, OIKOS |
| Feb 17 (Sat) | 8.30 pm | HYM Battle Night | St. Michael, 2 nd Floor, OIKOS |

PARISH NEWS

1. BADMINTON COURTS NOT AVAILABLE | FEBRUARY 2024

The badminton courts at the Dewan Holy Spirit will not be available for use on Sundays 4, 11, 18 and 25 February 2024 due to a function and parish events.

2. GLOWING EMBERS: LINE DANCING | 5, 19 & 26 FEBRUARY 2024

Line dancing is a fun form of exercise to get your heart pumping and brain working, all while being part of a social activity. Come, be part of the fun!

Date/Time/Venue: 5, 19 & 26 February 2024 (Monday), 6.30pm, St. Clare, 1st Floor, OIKOS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

| Online Payment for | Donations Mass Offering Hall Booking Wake Room Booking | Tithes | Sharing Hope Project Outreach Projects |
|--------------------|---|------------------------------|---|
| Bank | Public Bank Berhad | RHB Bank Berhad | RHB Bank Berhad |
| Account Number | 309 3049812 | 20708 2000 39510 | 20708 2000 39928 |
| Account Name | Cathedral of the Holy Spirit | Cathedral of the Holy Spirit | Cathedral CHS |

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 03 & 04 February 2024: RM 9,976.60
2nd Collection on 03 & 04 February 2024: RM 8,998.90
Sharing Hope Donations for January 2024: RM 1,477.00
Café Donations for January 2024: RM 1,228.79

"God loves a cheerful giver." – 2 Cor. 9:7

3. HYM BATTLE NIGHT | 17 FEBRUARY 2024

✨ The one and only **BATTLE NIGHT IS FINALLY HERE!** Our monthly gatherings here at HYM never fail to strengthen friendships, foster spiritual growth, and all in all create an earnest community for our youth to journey together with. ✨

Like always:

Date/Time/Venue: **17 February 2024 (Saturday)**, 8.30-10.30pm, St. Michael-St. Raphael, 2nd Floor, OIKOS

If you have any questions, kindly reach out to our core team members:

Michelle: +60 18-662 9441 Joanne: +60 16-482 5142

4. RCIA RITE OF ELECTION | 17 FEBRUARY 2024

The Penang Island & Northern Deanery RCIA Rite of Election Mass will be held at 4.00 pm on Saturday, 17 February 2024 at the Church of the Assumption, Farquhar Street, Penang.

5. GLOWING EMBERS: KEY TO ANSWERED PRAYERS | 20 FEBRUARY 2024

Date/Time/Venue: 20 February 2024 (Sunday), 9.45am at St. Mark, Ground Floor, OIKOS

Speaker: Regina Xavier

Register by: 16 February 2024

Whatsapp: Lilian +6016-453 7101

6. GOD'S GRACE "LONG LONG' CHAP GOH MEH CELEBRATION | 24 FEBRUARY 2024

In uniting our parishioners as well as promoting Inclusivity, after three years of inactivity, the long-awaited Chap Goh Meh Celebration Dinner organised by the CHS Chinese Apostolate is back! On the 15th day of Chinese New Year, let us come together to have fellowship dinner and enjoy traditional performances. Let us be blessed by God grace in this new year!

Date/Time/Venue: 24 February 2024 (Saturday), 7.45pm – 10.00pm @ Dewan Holy Spirit

Ticket: RM 60.00 / pax - kindly refer to CHS Office

See you there!

7. PRISON MINISTRY: SPONSOR A MEAL | 16 & 17 MARCH 2024

Every year, our Catholic priests celebrate Easter Mass/service for inmates in the Penang and Jawi prisons. Along with this, we ask you, our dear parishioners, to reach out to bring God's love to those in prison by donating RM 10.00 or more to bless an inmate with an Easter lunch this year. CHS Prison Ministry members will be next to the Chapel after the 16th/17th March weekend masses to collect your generous contribution.

Alternatively, please bank into

RHB Account No: 20708 2000 39928

Account Name: CHS Cathedral

Enquiries: Chan Lilian (016-557 1964)

8. PRISON MINISTRY: SOAP MOULDING | 17 MARCH 2024

Using washing detergent to clean the body? This is what inmates in the Penang and Jawi prisons are resorting to for lack of adequate supply of bath soap. We are indeed blessed to be given the permission to supply small antiseptic soaps to them. So in this season of Lent, let us reach out to those behind bars - join in our soap moulding session:

Date/Time: 17 March 2024 (Sunday) from 9.30am to 1.00pm

Venue: St Paul LOC, Multipurpose Hall, CENACLE

Enquiries: Chan Lilian (016-557 1964)

9. BLOOD DONATION & MOBILE DENTAL CHECK | 6 APRIL 2024

Date/Time/Venue: 6 April 2024 (Saturday) from 9am – 3pm, Dewan Holy Spirit

For more details, contact:- Julia Arulandu (017-343 6331) or June (017-866 2483)

One pint of blood can save up to 3 lives. We encourage all those aged between 17 to 60 years old, weighing above 45 kgs to come and donate for this meaningful cause.

10. RACHEL'S VINEYARD RETREAT | 01 - 03 MARCH 2024

RACHEL'S VINEYARD welcomes ANY PERSON man or woman who is struggling with emotional and spiritual pain of an abortion. A 3-day/2-night stay-in scriptural based retreat will be held in KUALA LUMPUR on 01 – 03 March 2024 (Friday to Sunday).

Closing date for registration: 20 February 2024

This retreat is specially designed to help participants experience the mercy, compassion, love and healing grace of God. It is a time of grace. Please contact Mary at 016-4190538 or email at: healinggracerachelsvineyard@gmail.com for more information. All communication will be strictly confidential.

11. SHARING HOPE PROJECT

This project is to support families in need through monthly provision of essential items. You can contribute by donating the following by placing them in the basket in front of parish office (*See poster for wishlist items*).

12. LENT 2024

Lent season, which starts on 14 February 2024, Ash Wednesday, is a time of preparation for Easter Celebration through the three key pillars – Prayer, Fasting and Almsgiving. We seek the Lord in prayer by reading Sacred Scriptures, we practice self-control through fasting and we serve by giving alms.

1) Lenten Companion: Walking with Jesus to Jerusalem with Fr Mark Toups

Inviting all to a transformational Lenten season that will help you experience the radical love of Christ for his bride, the Church!

This program **begins on Ash Wednesday (after Mass at the Blessed Sacrament Chapel)** with a short session to kick start this journey. Thereafter, come together **each week after Sunset Mass or Sunday Morning (10:30am) mass** for a 5-10 minute weekly video presentation. This is followed by daily reflections and meditations which will be sent to you via Whatsapp to help you through Lent in preparation for Easter!

2) 40 days of Lenten Gospel Reflection by the Love Squad

The Love Squad are students who are preparing to receive their Sacrament of Confirmation. As part of their Lenten journey, they will be sharing their reflections from the Gospel reading. Come and be part of their Lenten journey! Reflections will be available on CHS Social Media.

3) Lenten Campaign by Caritas, Diocese of Penang

Theme: "Together We Rebuild our Church, Community & Common Home"

Caritas, Diocese of Penang, will be raising funds to carry out various social mission programmes in the Diocese, 29 Catholic churches, 13 organisations and 28 social mission groups located in Penang, Perak, Kedah, Perlis and Kelantan. All donations and prayers are welcome.

- Lenten Campaign T-shirt (RM20).** Buy and wear the T-shirt to create awareness.
- Donate to the Lenten Campaign.** Online transfer to "Penang Diocesan Lenten Campaign" RHB Bank Account: 2070 82 000 383 87. Lenten Campaign envelopes are available in the parish office for cash/cheque payments.

Lenten Companion
Walking with Jesus to Jerusalem
Inviting all to a transformational Lenten Season that will help you experience the radical love of Christ for his bride, the Church!

Location : Blessed Sacrament Chapel
When : Each weekend after Sunset & Sunday Morning (10:30am) Mass

| | | |
|---|--------------------------------------|---------------------------------------|
| 14 FEB "DETERMINED" ASH WEDNESDAY | 03 MAR "LISTEN" THIRD WEEK | 24 MAR "FAITHFUL" HOLY WEEK |
| 18 FEB "TRANSFORMED" FIRST WEEK | 10 MAR "COMMIT" FOURTH WEEK | 31 MAR "REMEMBER" EASTER SUNDAY |
| 25 FEB "MERCY" SECOND WEEK | 17 MAR "UNWAVERING" FIFTH WEEK | |

MADE WITH PRISONMYWALL.COM LENT @ CHS

Love Squad
40 days Lenten Gospel Reflection

Who are the Love Squad ?
The Love Squad are students who are preparing to receive their Sacrament of Confirmation. This year, there are 37 students in the Love Squad.

40 Days Lenten Gospel Reflection
As part of their Lenten journey, they will be sharing their reflections from the Gospel reading.

Come and be part of their Lenten journey !
Reflections will be available on CHS Social Media platform -

CHSPenang
chspenang

BATTLE NIGHT!

TIME: 8:30P.M. - 10:30P.M.
VENUE: ST. MICHAEL - ST. RAPHAEL
(2ND FLOOR OLD CLASSROOM)

17TH FEBRUARY

JOIN US AS WE BEGIN 2024 →
OUR YEAR OF *SPIRITUALITY*

SATURDAY

soap MOULDING

For the Prisons - Soap Moulding Session:

17 March, Sat
9.30am - 1.00pm
St Paul LOC
Multi Purpose Hall

Enquiries:
Lilian 016 5571964
Prison Ministry

DONATE to families in need *Sharing Hope*

Your small donation can impact many lives.
You can place your donation items in the basket outside the church office.

Wishlist

| | | |
|----------------|-------------------|----------|
| Milk Powder | Curry powder | Biscuits |
| Chocolate Malt | Canned food | Flour |
| Coffee | Laundry detergent | Noodles |

A 3 days/ 2 night's stay-in scriptural based retreat will be held in Kuala Lumpur on the 1st to 3rd March 2024

A RACHEL'S VINEYARD weekend is a time of grace. It is an opportunity for men and women who have struggled with the emotional and spiritual pain of abortion, experience the mercy, compassion, love and the healing grace of God.

The retreat is specially designed to help participants acknowledge any unresolved feelings that many individuals struggle with after abortion. Come and dismantle troubling secrets in an environment of emotional and spiritual safety and confidentiality

For more Information kindly contact:
HP: 016-4190538 (Mary)
Email: healinggracerachelsvineyard@gmail.com

Neither do I condemn you ... Jn 8:11

檳城圣神主教座堂
 华文教务促进会主办
 Organised by
 Chinese Apostolate Cathedral of the Holy Spirit, Penang

主恩融融元宵联欢晚会邀约
GOD'S Grace Long Long
 Chap Geh Meh Celebration

日期 Date : 24/2/24 (Saturday)
 时间 Time : 7:45pm - 10pm
 地点 Venue : 圣神主教座堂礼堂
 Cathedral Holy Spirit Hall

餐券 Meal Voucher: 60/pax

有意购买餐卷者 请联络 Please Contact
 CHS office if you are interested
 in purchasing the meal voucher



LENTEN 2024

TOGETHER WE REBUILD
 OUR CHURCH,
 COMMUNITY
 AND COMMON HOME

DONATE:
 Penang Diocesan Lenten Campaign
 RHB Bank: 2070 82 000 383 87
caritaspenang.com/lent2024

Together WE
 DO OUR
 BEST
 EVERY
 DAY!

Caritas MALAYSIA | DIOCESE OF PENANG

Caritas MALAYSIA | DIOCESE OF PENANG

谢谢
 நன்றி
 TERIMA KASIH

THANK YOU FOR YOUR
 LENT CONTRIBUTION.

LENTEN 2024
caritaspenang.com/lent2024

**BLOOD DONATION AND
 MOBILE DENTAL CHECK**

6 APRIL (SAT), 9AM TO 3PM

DEWAN HOLY SPIRIT
 CATHEDRAL OF THE HOLY SPIRIT
 NO. 1, TINGKAT BESI SATU,
 ISLAND PARK, 11600 PENANG

Make dental health your priority

One pint of blood saves three lives

For further information, please contact
 Julia 017-343 6331 : June 017-866 2483

**CALLING ALL ELIGIBLE
 BLOOD DONORS**

Eligibility to Donate Blood:

- Age between 17 – 65 for regular donors
 17 – 60 for new donors
 (Individuals age 17 years are required to bring written consent from parents or guardian)
- Body weight above 45 kg
- In good physical and mental health with no chronic medical illness
- Not on long term medications
- Had enough sleep (more than 5 hours) the night prior to donation
- Had taken a meal prior to donation

****Note:** Kindly bring along your:
 - Identity Card
 - blood donor card (regular donors)

Hospital Pulau Pinang

Caritas MALAYSIA | DIOCESE OF PENANG

With RM10.00, you can bless an inmate with an Easter Lunch.

Enquiries
 Chan Lilian
 0165571964
 Prison Ministry