

CHS BULLETIN

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+604-6564309 (FAX)



Cathedral of the Holy Spirit

Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com

CHSpenang

holyspiritcathedral.com

chspenang

youtube.com/CHSPgTv

2024 THEME
FEBRUARY

SALT OF THE EARTH AND LIGHT OF THE WORLD:

COMMUNION, PARTICIPATION AND MISSION

CELEBRATING HUMAN FRATERNITY

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Feb 18 (Sun) <i>Gen 9:8-15 1 Peter 3:18-22 Mk 1:12-15</i>	8.00 am 10.30 am	MASS (M) MASS (E)	1ST SUNDAY OF LENT (YEAR B) No Livestream Livestream
Feb 19 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
Feb 20 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
Feb 21 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Peter Damian, Bishop & Doctor No Livestream
Feb 22 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	Chair of St. Peter, The Apostle, Feast No Livestream
Feb 23 (Fri)	12.00 pm 8.00 pm	WOC followed by MASS (E) WOC (ETM) followed by MASS (E)	St. Polycarp, Bishop & Martyr Livestream only for 8pm Mass (Church) WOC - E (Church), T (Chapel), M (Classroom)
Feb 24 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to H.S. MASS (E)	No Livestream Livestream
Feb 25 (Sun) <i>Gen 22:1-2,9-13,15-18 Rom 8:31-34 Mk 9:2-10</i>	8.00 am 10.30 am	MASS (M) MASS (E)	2ND SUNDAY OF LENT (YEAR B) No Livestream Livestream

PARISH ACTIVITIES

Feb 18 (Sun)	12.00 pm	RCIA (English)	St. Mark, Ground Floor, OIKOS
Feb 19 (Mon)	3.30 pm	Legion of Mary	
	6.30 pm	GE: Line Dancing	St. Clare, 2 nd Floor, OIKOS
Feb 20 (Tue)	7.45 am	Christian Meditation	Blessed Sacrament Chapel Portico
Feb 21 (Wed)	8.00 pm	Tamil Apostolate Charismatic Prayer Group Praise & Worship	St. Michael, 2 nd Floor, OIKOS
Feb 22 (Thu)	5.00 pm	Christian Meditation	Blessed Sacrament Chapel Portico

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations	Tithes	Sharing Hope Project
	Mass Offering Hall Booking Wake Room Booking		Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 09 & 10 February 2024 (CNY Eve & Day): RM 8,208.60

Our Collection on 10 & 11 February 2024: RM 10,007.60

"God loves a cheerful giver." - 2 Cor. 9:7

1. **BADMINTON COURTS NOT AVAILABLE | FEBRUARY 2024**

The badminton courts at the Dewan Holy Spirit will not be available for use on Sundays 4, 11, 18 and 25 February 2024 due to a function and parish events.

2. **GLOWING EMBERS: LINE DANCING | 5, 19 & 26 FEBRUARY 2024**

Line dancing is a fun form of exercise to get your heart pumping and brain working, all while being part of a social activity. Come, be part of the fun!

Date/Time: 5, 19 & 26 February 2024 (Monday) at 6.30pm

Venue: St. Clare, 1st Floor, OIKOS

3. **GLOWING EMBERS: KEY TO ANSWERED PRAYERS | 20 FEBRUARY 2024**

Date/Time: 20 February 2024 (Tuesday) at 9.45am

Venue: St. Mark, Ground Floor, OIKOS

Speaker: Regina Xavier

Register by: 16 February 2024

WhatsApp: Lilian +6016-453 7101

4. **THE ISRAELI-PALESTINIAN CONFLICT | 21 FEBRUARY 2024**

There has been a lot of news published in the media from different perspectives, some true and some unverified. We would like to invite you to this session to listen to what the speakers consider to be the origins of this modern-day conflict and be more well informed as we discern together and choose the side of Peace.

Date/Time: 21 February 2024 (Wednesday) at 8.00 pm

Venue: St. Mark's Room, OIKOS, Cathedral of the Holy Spirit, Penang

Speakers: Dr Francis Loh (retired Professor of Politics, USM)

Anil Netto (President, ALIRAN)

Fr Bernard Hyacinth, SJ (previously Jesuit Refugee Services in Jordan)

5. **GOD'S GRACE "LONG LONG' CHAP GOH MEH CELEBRATION | 24 FEBRUARY 2024**

In uniting our parishioners as well as promoting Inclusivity, after three years of inactivity, the long-awaited Chap Goh Meh Celebration Dinner organised by the CHS Chinese Apostolate is back! On the 15th day of Chinese New Year, let us come together to have fellowship dinner and enjoy traditional performances. Let us be blessed by God grace in this new year!

Date/Time/Venue: 24 February 2024 (Saturday), 7.45pm – 10.00pm @ Dewan Holy Spirit

Ticket: RM 60.00 / pax - kindly refer to CHS Office

See you there!

6. **INFANT BAPTISM AT CHS FOR FEBRUARY 2024 | 25 FEBRUARY 2024**

For parents who wish to have their child baptised, infant baptism will be held in the main church on Sunday, 25 February 2024 at 12 noon. Please register at the Parish Office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

7. **RACHEL'S VINEYARD RETREAT | 01 - 03 MARCH 2024**

RACHEL'S VINEYARD welcomes ANY PERSON man or woman who is struggling with emotional and spiritual pain of an abortion. A 3-day/2-night stay-in scriptural based retreat will be held in KUALA LUMPUR on 01 – 03 March 2024 (Friday to Sunday).

Closing date for registration: 20 February 2024

This retreat is specially designed to help participants experience the mercy, compassion, love and healing grace of God. It is a time of grace. Please contact Mary at 016-4190538 or email at: healinggracerachelsvineyard@gmail.com for more information. All communication will be strictly confidential.

8. **CHOICE MANDARIN PENANG 9 (CMPG9) - MAKE A DIFFERENCE (M.A.D.) EVENT | 10 MARCH 2024**

Join our charity food fair and spread love to the underprivileged!

Choice Mandarin Penang 9 (CMPG 9) is organizing a mini charity food fair and sincerely invites you to participate. Your involvement will be meaningful as all proceeds will be donated to the "Be Home" charity organization in Penang Island.

"Be Home" is an NGO that shelters underprivileged children and is currently facing financial difficulties. They urgently need funds to cover next month's expenses (currently about RM24280). Particularly during the Season of Lent, would you be willing to join hands with family and friends to help these unfortunate children? Welcome everyone to participate in the upcoming charity mini food fair at the **Church of Holy Name of Jesus, Balik Pulau on 10 March 2024** from **8.30am to 12.30pm** and contribute according to your financial ability.

Blessed are the givers, may your kind deeds bring abundant blessings.

With you, there's hope for these children ❤️. God bless. 🙏

"Whatever you did for one of these least brothers of mine, you did for me." (Matthew 25:40)

9. **BLOOD DONATION & MOBILE DENTAL CHECK | 6 APRIL 2024**

Date/Time/Venue: 6 April 2024 (Saturday) from 9am – 3pm, Dewan Holy Spirit

For more details, contact:- Julia Arulandu (017-343 6331) or June (017-866 2483)

One pint of blood can save up to 3 lives. We encourage all those aged between 17 to 60 years old, weighing above 45 kgs to come and donate for this meaningful cause.

Please bring along your Identity Card and blood donor card (for regular donors).

10. **SHARING HOPE PROJECT**

This project is to support families in need through monthly provision of essential items. You can contribute by donating the following by placing them in the basket in front of parish office (See poster for wishlist items).

11. **LENT 2024**

Lent season, which starts on 14 February 2024, Ash Wednesday, is a time of preparation for Easter Celebration through the three key pillars – Prayer, Fasting and Almsgiving. We seek the Lord in prayer by reading Sacred Scriptures, we practice self-control through fasting and we serve by giving alms.

I) **Lenten Companion: Walking with Jesus to Jerusalem with Fr Mark Toups**

Inviting all to a transformational Lenten season that will help you experience the radical love of Christ for his bride, the Church!

This program **begins on Ash Wednesday (after Mass at the Blessed Sacrament Chapel)** with a short session to kick start this journey. Thereafter, come together **each week after Sunset Mass or Sunday Morning (10:30am) mass** for a 5-10 minute weekly video presentation. This is followed by daily reflections and meditations which will be sent to you via Whatsapp to help you through Lent in preparation for Easter!

II) **40 days of Lenten Gospel Reflection by the Love Squad**

The Love Squad are students who are preparing to receive their Sacrament of Confirmation. As part of their Lenten journey, they will be sharing their reflections from the Gospel reading. Come and be part of their Lenten journey! Reflections will be available on CHS Social Media.

III) **Lenten Campaign by Caritas, Diocese of Penang**

Theme: "Together We Rebuild our Church, Community & Common Home"

Caritas, Diocese of Penang, will be raising funds to carry out various social mission programmes in the Diocese, 29 Catholic churches, 13 organisations and 28 social mission groups located in Penang, Perak, Kedah, Perlis and Kelantan. All donations and prayers are welcome.

(a) **Lenten Campaign T-shirt (RM20).** Buy and wear the T-shirt to create awareness.

(b) **Donate to the Lenten Campaign.** Online transfer to "Penang Diocesan Lenten Campaign" RHB Bank Account: 2070 82 000 383 87. Lenten Campaign envelopes are available in the parish office for cash/cheque payments.

(c) **Lenten Kit 2024.** To download resources for the whole family, click:-

i) English → https://bit.ly/LentenKit2024_Eng

ii) Mandarin → https://bit.ly/LentenKit2024_Mandarin

iii) Bahasa Malaysia → https://bit.ly/LentenKit2024_BM

iv) Tamil → https://bit.ly/LentenKit2024_Tamil

THE ASCENSION
Lenten Companion

Walking with Jesus to Jerusalem
Inviting all to a transformational Lenten Season that will help you experience the radical love of Christ for his bride, the Church!

Location : Blessed Sacrament Chapel
When : Each weekend after Sunset & Sunday Morning (10:30am) Mass

14 FEB	"DETERMINED" ASH WEDNESDAY	03 MAR	"LISTEN" THIRD WEEK	24 MAR	"FAITHFUL" HOLY WEEK
18 FEB	"TRANSFORMED" FIRST WEEK	10 MAR	"COMMIT" FOURTH WEEK	31 MAR	"REMEMBER" EASTER SUNDAY
25 FEB	"MERCY" SECOND WEEK	17 MAR	"UNWAVERING" FIFTH WEEK		

Lenten @ CHS

LINE DANCING

February 5, 19, 26

6.30pm at St Clare Classroom

Come, join the fun.
All are welcome.




檳城圣神主教座堂
华文教务促进会主办
Organised by
Chinese Apostolate Cathedral of the Holy Spirit, Penang

日期 Date : 24/2/24 (Saturday)
时间 Time : 7:45pm - 10pm
地点 Venue : 圣神主教座堂礼堂
Cathedral Holy Spirit Hall

主恩融融元宵联欢晚会邀约
GOD'S Grace Long Long
Chap Goh Meh Celebration

餐券 Meal Voucher: 60/pax

有意购买餐卷者 请联络 Please Contact
CHS office if you are interested
in purchasing the meal voucher



Caritas MALAYSIA

THE ISRAELI-PALESTINIAN CONFLICT

POTENTIAL GENOCIDE IN THE GAZA

One million plus people have been displaced, almost half the homes in Gaza destroyed, and almost 30,000 people killed. The conflict has now spilt into the West Bank. Worse, it is escalating into a regional one.

Come and listen to what the speakers consider to be the origins of this modern-day conflict. Share your opinions. Let us discern together so that we choose the side of Peace.

21 FEB 24, WEDNESDAY | 8:00PM
ST MARK'S ROOM, CATHEDRAL OF THE HOLY SPIRIT, PENANG

SPEAKERS:
Dr Francis Loh (retired Prof of Politics USM)
Anil Netto (President, ALIRAN)
Fr. Bernard Hyacinth SJ (previously Jesuit Refugee Services in Jordan)




Love Squad
40 days Lenten Gospel Reflection

Who are the Love Squad ?
The Love Squad are students who are preparing to receive their Sacrament of Confirmation. This year, there are 37 students in the Love Squad.

40 Days Lenten Gospel Reflection
As part of their Lenten journey, they will be sharing their reflections from the Gospel reading.

Come and be part of their Lenten journey !
Reflections will be available on CHS Social Media platform -

CHSPenang
chspenang



A 3 days/ 2 night's stay-in scriptural based retreat will be held in Kuala Lumpur on the 1st to 3rd March 2024

A RACHEL'S VINEYARD weekend is a time of grace. It is an opportunity for men and women who have struggled with the emotional and spiritual pain of abortion, experience the mercy, compassion, love and the healing grace of God.

The retreat is specially designed to help participants acknowledge any unresolved feelings that many individuals struggle with after abortion. Come and dismantle troubling secrets in an environment of emotional and spiritual safety and confidentiality

For more information kindly contact:
HP: 016-4190538 (Mary)
Email: healinggracerachelvineyard@gmail.com

Neither do I condemn you ... Jn 8:11



Sharing **Hope**
DONATE to families in need

Your small donation can impact many lives.
You can place your donation items in the basket outside the church office.

Wishlist

Milk Powder	Curry powder	Biscuits
Chocolate Malt	Canned food	Flour
Coffee	Laundry detergent	Noodles



CMPC9 - MAKE A DIFFERENCE (M.A.D.)
 小型义卖会 MINI FOOD FAIR
 《无私的爱，无限的希望》

受益单位：槟城美家圆弱势儿童福利机构

2024年3月10日 (星期日)
 8.30AM - 12.30PM
 (10.30am - 11.30am - 华语旁听 Mandarin Mass)
 浮罗山背耶稣圣名堂
 Balik Pulau, Penang

联系人:
 Benoni Ooi: 016-420 7757
 Mei Weng: 019-265 6286

Facebook: <https://www.facebook.com/meijayuan.org/>
 Email: info@meijayuan.org
 Phone: 012-4811824
 Address: 14P, Jalan Delima, Taman Island Glades, Tasek Gelugor, Penang

捐款户口: AMBANK: 88810 3366 4395
 (PERSATUAN KEBAJIKAN ANAK-ANAK OKU TAMAN ISLAND PENANG)

凡你们对我这些最小兄弟中的一个所做的，都是对我做的。(马 25 : 40)

PERSATUAN KEBAJIKAN ANAK-ANAK OKU TAMAN ISLAND PENANG
 槟城美家圆弱势儿童福利机构
 BE HOME FOR SPECIAL CARE, PENANG
 PPM-021-07-10052019
 Tel: 04-6568118 Visit Time: 9am-5pm

BETTER WITH Touch 'n GO eWallet

SCAN TO PAY
 Accepted by Banks and e-Wallets: Boost, GrabPay, CIMB, DuitNow QR, MySara, Pay, MAMPU, CIMB

OKU TAMAN ISLAND PENANG-QR
 MALAYSIA NATIONAL QR

(如果有任何捐款，请直接转账到美家圆户口并索取收据记录)

BLOOD DONATION AND MOBILE DENTAL CHECK
 6 APRIL (SAT), 9AM TO 3PM

DEWAN HOLY SPIRIT
 CATHEDRAL OF THE HOLY SPIRIT
 NO. 1, TINGKAT BESI SATU, ISLAND PARK, 11600 PENANG

Make dental health your priority | One pint of blood saves three lives

For further information, please contact
 Julia 017-343 6331 : June 017-866 2483

CALLING ALL ELIGIBLE BLOOD DONORS

Eligibility to Donate Blood:

- Age between 17 – 65 for regular donors
 17 – 60 for new donors
 (Individuals age 17 years are required to bring written consent from parents or guardian)
- Body weight above 45 kg
- In good physical and mental health with no chronic medical illness
- Not on long term medications
- Had enough sleep (more than 5 hours) the night prior to donation
- Had taken a meal prior to donation

**Note: Kindly bring along your:
 - Identity Card
 - blood donor card (regular donors)

Hospital Pulau Pinang | Caritas MALAYSIA | DIOCESE OF PENANG

Caritas MALAYSIA | DIOCESE OF PENANG | LENTEN CAMPAIGN 2024

Lent 2024
 TOGETHER WE REBUILD OUR CHURCH, COMMUNITY, AND COMMON HOME

Lent is a 40 days season of praying, fasting and almsgiving - we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting.

We have gathered some resources to help you dwell more deeply in the spirit of Lent. It is encouraged to use the resources in respective parishes, ministries, Sunday school, BEC and Family. Be inspired to live out your faith in an act of charity.

FOSSIL FUELS CLIMATE CHANGE

Testimonies and real stories available in 4 languages!

DOWNLOAD AND READ THE STORY NOW

caritaspenang.com/lent2024

Lent for Children
 RESOURCES FOR CATECHIST AND PARENT

As parents, we have the responsibility to help our families to faithfully observe Lent. Though it can seem difficult at times, the season of Lent provides a meaningful time to guide and help our children to learn more about Lent through bible stories and act of charity.

Lenten Kit
 TOGETHER WE REBUILD OUR CHURCH, COMMUNITY AND COMMON HOME

DOWNLOAD Lenten Kit
 READ AND PRAY

caritaspenang.com/lent2024

TOGETHER WE REBUILD OUR CHURCH, COMMUNITY AND COMMON HOME

DONATE Penang Diocesan Lenten Campaign
 RHB Bank Account
 2070 82 000 383 87

Together WE REBUILD
 RHB BANK OF PENANG

caritaspenang.com/lent2024

Caritas MALAYSIA | DIOCESE OF PENANG

谢谢
நன்றி
TERIMA KASIH

THANK YOU FOR YOUR LENT CONTRIBUTION.

caritaspenang.com/lent2024