

PARISH ACTIVITIES					
Feb 04 (Sun)	12.00 pm	RCIA (English)	St. Mark, Ground Floor, OIKOS		
	3.30 pm	Teh Tarik with Fr Joachim	Dewan Holy Spirit		
Feb 05 (Mon)	3.30 pm	Legion of Mary			
	6.30 pm	Glowing Embers: Line Dancing	St. Clare, 1 st Floor, OIKOS		
Feb 07 (Wed)	8.00 pm	Tamil Apostolate Charismatic Prayer Group Praise & Worship	St. Michael, 2 nd Floor, OIKOS		



31 January 2024

Pastoral Statement for the eve of Chinese New Year and Ash Wednesday

Dear People of God,

This year, Chinese New Year falls on Saturday 10 February 2024 and Ash Wednesday 14 February 2024 falls on the fifth day of Chinese New Year.

The Catholic Bishops Conference of Malaysia, Singapore, Brunei, in consultation with the Episcopal Regional Liturgy Commission of Malaysia, Singapore, Brunei offers the following guidance:

- On Friday 9 February 2024, being the eve of Chinese New Year, dispensation is given from abstinence.
- The liturgy for the sunset mass on Saturday 10 February 2024 shall be the liturgy of 6th Sunday in Ordinary Time.
- 3. Fast and abstinence shall remain for Ash Wednesday which falls on 14 February 2024.

Wishing you the Lord's abundant blessings and joyous celebration of the Chinese New Year.

+ Willow Cavel Po William Cardinal Goh

William Cardinal Gon President Episcopal Regional Liturgy Commission Catholic Bishops' Conference of Malaysia, Singapore, Brunei

THE CATHOLIC BISHOPS' CONFERENCE: OF MALAYSIA, SINGAPORE & BRUNEI (CBCMSB) APC, 5th Floor, No. 5, Jalan Robertson, off Jalan Pudu, 50150 Kuala Lumpur, Malaysia Email: exesse@kcomsborg. WebSite: cbcmsborg

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations	Tithes	Sharing Hope Project
	Mass Offering		Outreach Projects
	Hall Booking		
	Wake Room Booking		
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 27 & 28 January 2024: RM 9,087.70 2nd Collection on 03 & 04 February 2024 is for the poor and needy

"God loves a cheerful giver." – 2 Cor. 9:7

1. BADMINTON COURTS NOT AVAILABLE | FEBRUARY 2024

The badminton courts at the Dewan Holy Spirit will not be available for use on Sundays 4, 11, 18 and 25 February 2024 due to a function and parish events.

2. NO MEDITATION SESSIONS DURING THE CNY HOLIDAYS

In view of the Chinese New Year holidays, we will not have the weekly meditation sessions for two weeks, from 6th February to 15th February. We will resume the weekly meditation sessions from 20th February onwards.

3. <u>OLD BLESSED PALMS: PREPARATION FOR ASH WEDNESDAY | 14 FEBRUARY 2024</u> In preparation for Ash Wednesday, kindly bring your old blessed palms to Church and place them in the basket / box provided at the back entrance of the Church.

4. GLOWING EMBERS: KEY TO ANSWERED PRAYERS | 20 FEBRUARY 2024

Date/Time/Venue:20 February 2024 (Sunday), 9.45am at St. Mark, Ground Floor, OIKOSSpeaker:Regina XavierRegister by:16 February 2024, Whatsapp Lilian +6016-453 7101

5. GOD'S GRACE "LONG LONG' CHAP GOH MEH CELEBRATION | 24 FEBRUARY 2024

In uniting our parishioners as well as promoting Inclusivity, after three years of inactivity, the longawaited Chap Goh Meh Celebration Dinner organised by the CHS Chinese Apostolate is back! On the 15th day of Chinese New Year, let us come together to have fellowship dinner and enjoy traditional performances. Let us be blessed by God grace in this new year! Date/Time/Venue: 24 February 2024 (Sunday), 7.45pm – 10.00pm @ Dewan Holy Spirit Ticket: RM 60.00 / pax - kindly refer to CHS Office

6. INFANT BAPTISM AT CHS FOR FEBRUARY 2024 | 25 FEBRUARY 2024

For parents who wish to have their child baptised, infant baptism will be held in the main church on Sunday, 25 February 2024 at 12 noon. Please register at the Parish Office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

7. GLOWING EMBERS: LINE DANCING | 5, 19 & 26 FEBRUARY 2024

Line dancing is a fun form of exercise to get your heart pumping and brain working, all while being part of a social activity. Come, be part of the fun!

Date/Time/Venue: 5, 19 & 26 February 2024 (Monday), 6.30pm, St. Clare, 1st Floor, OIKOS

8. <u>LENT 2024</u>

Lent season, which starts on 14 February 2024, Ash Wednesday, is a time of preparation for Easter Celebration through the three key pillars – Prayer, Fasting and Almsgiving. We seek the Lord in prayer by reading Sacred Scriptures, we practice self-control through fasting and we serve by giving alms.

Lenten Campaign by Caritas, Diocese of Penang

Theme: "Together We Rebuild our Church, Community & Common Home"

Caritas, Diocese of Penang, will be raising funds to carry out various social mission programmes in the Diocese, 29 Catholic churches, 13 organisations and 28 social mission groups located in Penang, Perak, Kedah, Perlis and Kelantan. All donations and prayers are welcome.

- (a) Lenten Campaign T-shirt (RM20). Buy and wear the T-shirt to create awareness.
- (b) **Donate to the Lenten Campaign.** Online transfer to "Penang Diocesan Lenten Campaign" RHB Bank Account: 2070 82 000 383 87. Lenten Campaign envelopes are available in the parish office for cash/cheque payments.

9. RACHEL'S VINEYARD RETREAT | 01 - 03 MARCH 2024

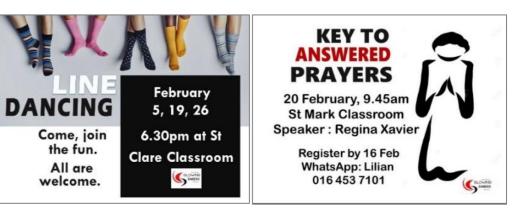
RACHEL'S VINEYARD welcomes ANY PERSON man or woman who is struggling with emotional and spiritual pain of an abortion. A 3-day/2-night stay-in scriptural based retreat will be held in KUALA LUMPUR on 01 - 03 March 2024 (Friday to Sunday).

Closing date for registration: 20 February 2024

This retreat is specially designed to help participants experience the mercy, compassion, love and healing grace of God. It is a time of grace. Please contact Mary at 016-4190538 or email at: <u>healinggracerachelsvineyard@gmail.com</u> for more information. All communication will be strictly confidential.

10. <u>34TH NOTIFICATION AND UDPATES IN THE DIOCESE OF PENANG (FEBRUARY)</u>

Link to the 34th Notification & Updates for the Diocese of Penang. https://pgdiocese.org/posts/65ba705d752b6732559e93c2/







34TH NOTIFICATION IN THE DIOCESE OF PENANG

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OF FEBRUARY PENINSULAR

MALAYSIA PASTORAL FOCUS

CELEBRATING HUMAN FRATERNITY

PKK/BDN/2024/02/175

My Dear People of God in Perak, Perlis, Kedah, Kelantan and Penang, as we move into the second month of the year and continue to be witnesses to God's love and blessings, I invite you to take an interior journey that reaches out to others as we prepare and journey through the Season of Lent.

Bishop of Penang

May the three pillars of Lent: Prayer, Fasting and Alms-Giving nourish us, and through us nourish others. May the Spirit of the Lord be upon you as you bear witness to the Love of Christ in your lives. 0000 I remain united with all of you in prayer.

Cardinal Sebastian Francis



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