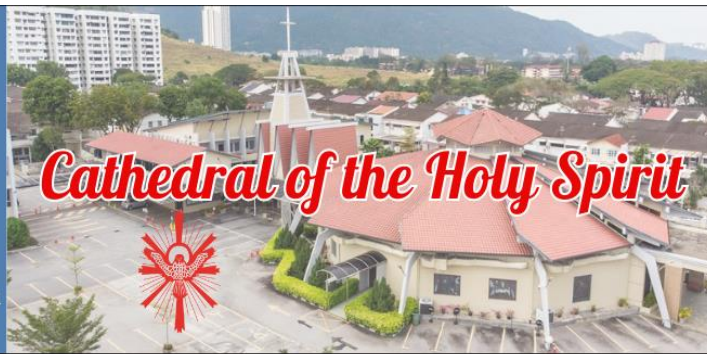


CHS BULLETIN

1, Tingkat Besi Satu,
Island Park, 11600 Penang
+604-6584909 | +604-6566681
+604-6564309 (FAX)



Cathedral of the Holy Spirit

Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

Get Connected With Us

We would love to connect with you!
Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com
holyspiritcathedral.com

CHSpenang
chspenang
youtube.com/CHSPgTv

2024 THEME
MARCH

**SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION
LIVING THE PASCHAL MYSTERY**

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 16 & 17 March 2024: RM 9,021.10

"God loves a cheerful giver." – 2 Cor. 9:7

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Mar 24 (Sun) Mk 11:1-10 Is 50:4-7 Phil 2:6-11 Mk 14:1-15:47	8.00 am 10.30 am	MASS (M) MASS (E)	PALM SUNDAY OF THE PASSION OF THE LORD (BLESSING OF PALMS) (YEAR B) No Livestream Livestream
Mar 25 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	Monday of Holy Week No Livestream
Mar 26 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	Tuesday of Holy Week No Livestream
Mar 27 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	Wednesday of Holy Week No Livestream
Mar 28 (Thu) Ex 12:1-8,11-14 1 Cor 11:23-26 Jn 13:1-15	6.00 pm 8.00 pm	MASS (M) MASS (E/T)	HOLY THURSDAY (Collection for Holy Land) No Livestream Livestream
Mar 29 (Fri) Is 52:13-53:12 Hebr 4:14-16,5:7-9 Jn 18:1-19:42	12.00 pm 4.00 pm 8.00 pm	WOC & SERVICE (E) WOC & SERVICE (M) WOC & SERVICE (E/T)	GOOD FRIDAY (Fast & Abstinence) No Livestream No Livestream Livestream
Mar 30 (Sat) Gen 1:1-2:2 Ex 14:15-15:1 Ez 36:16-28 Rom 6:3-11 Mk 16:1-8	6.00 pm 9.30 pm	MASS (M) MASS (E/T)	EASTER VIGIL (RCIA RITE OF INITIATION) No Livestream Livestream
Mar 31 (Sun) Acts 10:34,37-43 Col 3:1-4 Jn 20:1-9	8.00 am 10.30 am	MASS (M) MASS (E)	EASTER SUNDAY (YEAR B) No Livestream Livestream

PARISH ACTIVITIES

Mar 24 (Sun)	12.00 pm	RCIA (English)	St. Mark, Ground Floor, OIKOS
Mar 26 (Mon)	3.30 pm	Legion of Mary	

MARRIAGE BANNES

Apr 10 (Wed)	11.30 am	Wedding Service (Tamil) Kannesan a/o Sendekisager & Synthia Anne a/p Silbaras	
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- ANNUAL COLLECTION FOR HOLY LAND | 28 MARCH 2024**
The Annual Collection for Holy Land will be on Holy Thursday, 28 March 2024.
- BLOOD DONATION & MOBILE DENTAL CHECK | 6 APRIL 2024**
Date/Time/Venue: 6 April 2024 (Saturday) from 9am – 3pm, Dewan Holy Spirit
For more details, contact:- Julia Arulandu (017-343 6331) or June (017-866 2483)
One pint of blood can save up to 3 lives. We encourage all those aged between 17 to 60 years old, weighing above 45 kgs to come and donate for this meaningful cause. Please bring along your Identity Card and blood donor card (for regular donors).
- SHARING HOPE PROJECT**
This project is to support families in need through monthly provision of essential items. You can contribute by donating the following by placing them in the basket in front of parish office. Please refer to poster for items to donate.

4. LENT 2024

Lent season, which starts on 14 February 2024, Ash Wednesday, is a time of preparation for Easter Celebration through the three key pillars – Prayer, Fasting and Almsgiving. We seek the Lord in prayer by reading Sacred Scriptures, we practice self-control through fasting and we serve by giving alms.

I) Lenten Companion: Walking with Jesus to Jerusalem with Fr Mark Toups

Inviting all to a transformational Lenten season that will help you experience the radical love of Christ for his bride, the Church! Come together **each week after Sunset Mass or Sunday Morning (10:30am) mass** for a 5-10 minute weekly video presentation. This is followed by daily reflections and meditations which will be sent to you via Whatsapp to help you through Lent in preparation for Easter!

II) 40 days of Lenten Gospel Reflection by the Love Squad

The Love Squad are students who are preparing to receive their Sacrament of Confirmation. As part of their Lenten journey, they will be sharing their reflections from the Gospel reading. Come and be part of their Lenten journey! Reflections will be available on CHS Social Media.

III) Lenten Campaign by Caritas, Diocese of Penang

Theme: “Together We Rebuild our Church, Community & Common Home”

Caritas, Diocese of Penang, will be raising funds to carry out various social mission programmes in the Diocese, 29 Catholic churches, 13 organisations and 28 social mission groups located in Penang, Perak, Kedah, Perlis and Kelantan. All donations and prayers are welcome.

- (a) **Lenten Campaign T-shirt (RM20).** Buy and wear the T-shirt to create awareness.
- (b) **Donate to the Lenten Campaign.** Online transfer to “Penang Diocesan Lenten Campaign” RHB Bank Account: 2070 82 000 383 87. Lenten Campaign envelopes are available in the parish office for cash/cheque payments.
- (c) **Lenten Kit 2024.** To download resources for the whole family, click:-
 - a. English → https://bit.ly/LentenKit2024_Eng
 - b. Mandarin → https://bit.ly/LentenKit2024_Mandarin
 - c. Bahasa Malaysia → https://bit.ly/LentenKit2024_BM
 - d. Tamil → https://bit.ly/LentenKit2024_Tamil

5. A PARENT’S GUIDE TO CATECHESIS: AS FOR ME AND MY HOUSE

The National Catechetical Office, together with the Malaysian Catechetical Commission and the Catholic Bishops’ Conference of Malaysia has released a parent’s guide to catechesis titled ‘As For Me & My House’ at RM20 per copy.

Discover the transformative power of Catholic Family Catechesis and embark on a reflective journey with your family that will last a lifetime. In this book you’ll find valuable insights and practical tools for developing your family’s spirituality. Available in 5 languages.

Please place your order at the parish office by 31 March 2024.

THE ASCENSION
Lenten Companion

Walking with Jesus to Jerusalem
Inviting all to a transformational Lenten Season that will help you experience the radical love of Christ for his bride, the Church!

Location : Blessed Sacrament Chapel
When : Each weekend after Sunset & Sunday Morning (10:30am) Mass

14 FEB	"DETERMINED" ASH WEDNESDAY	03 MAR	"LISTEN" THIRD WEEK	24 MAR	"FAITHFUL" HOLY WEEK
18 FEB	"TRANSFORMED" FIRST WEEK	10 MAR	"COMMIT" FOURTH WEEK	31 MAR	"REMEMBER" EASTER SUNDAY
25 FEB	"MERCY" SECOND WEEK	17 MAR	"UNWAVERING" FIFTH WEEK		

Mark with PosterMyWall.com LENT @ CHS

Love Squad

40 days Lenten Gospel Reflection

Who are the Love Squad ?
The Love Squad are students who are preparing to receive their Sacrament of Confirmation. This year, there are 37 students in the Love Squad.

40 Days Lenten Gospel Reflection
As part of their Lenten journey, they will be sharing their reflections from the Gospel reading.

Come and be part of their Lenten journey !
Reflections will be available on CHS Social Media platform :-

Facebook: CHSPenang
Instagram: chspenang

BLOOD DONATION AND MOBILE DENTAL CHECK

6 APRIL (SAT), 9AM TO 3PM

DEWAN HOLY SPIRIT
CATHEDRAL OF THE HOLY SPIRIT
NO. 1, TINGKAT BESI SATU,
ISLAND PARK, 11600 PENANG

Make dental health your priority

One pint of blood saves three lives

For further information, please contact
Julia 017-343 6331 : June 017-866 2483

Hospital Pulau Pinang

Caritas MALAYSIA | DIOCESE OF PENANG

CATHOLIC FORMATION FOR EVANGELIZERS

Venue: Domus St Anne

MINOR BASILICA OF ST ANNE, BM

27th & 28th April, 2024

(Non stay-in seminar)



Penang Diocesan
NEW EVANGELIZATION
COMMISSION



Let's Become
MISSIONARY DISCIPLES
GO FORTH

Objective: To encourage, prepare and equip Catholics to effectively witness and present the Gospel of Jesus Christ.

"The Church which "goes forth" is a community of missionary disciples who take the first step, who are involved and supportive, who bear fruit and rejoice."
- Evangelii Gaudium 24

Speakers:

Rev. Fr. Ryan Innas

Mr. Martin Jalleh

* Limited to 60 participants only

Closing Date: 10th April, 2024



Registration Fee: RM20 per pax



For More Information, contact (WhatsApp/SMS): Jeanne J Saw 016 455 4597

Registration Form

<https://forms.gle/vxCuVoXUmBkv2228>



DONATE
to families in need

Sharing
Hope

Your small donation can impact many lives.
You can place your donation items in the basket outside the church office.

Wishlist

Milk Powder	Curry powder	Biscuits
Chocolate Malt	Canned food	Flour
Coffee	Laundry detergent	Noodles



caritaspenang.com/lent2024

TOGETHER WE REBUILD
OUR CHURCH,
COMMUNITY
AND COMMON HOME



DONATE
Penang Diocesan Lenten Campaign
RHB Bank Account
2070 82 000 383 87

Together WE
ES GRE
ENEW
REBUILD



谢谢

நன்றி

TERIMA KASIH

THANK YOU FOR YOUR LENT CONTRIBUTION.

LENTEN 2024

caritaspenang.com/lent2024