



CATHEDRAL *of the* HOLY SPIRIT  
PENANG

# Parish Feast Day 2024

Companion Prayer e-Booklet

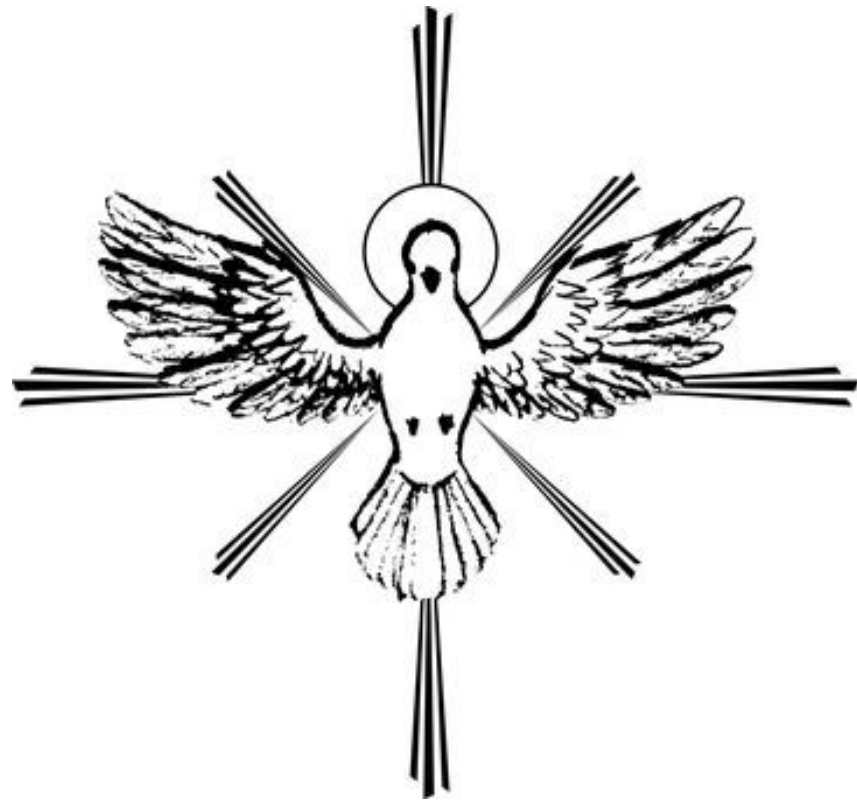
## *Prayer to the Holy Spirit*

Come, Holy Spirit, fill the hearts of  
your faithful and kindle in them the  
fire of your love.

Send forth your Spirit and they shall  
be created, and you shall renew the  
face of the earth.

O God, who have taught the hearts  
of the faithful by the light of the Holy  
Spirit,  
grant that in the same Spirit we may  
be truly wise and ever rejoice in his  
consolation.

Through Christ our Lord. Amen.





# In God, all are one.

*“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.” - Romans 15:13.*

**Welcome to our Parish Feast Day celebrations.**

This companion prayer e-booklet has been designed to accompany you in prayer and reflections as we rejoice and celebrate our parish feast day on Pentecost 2024.

Let us be inclusive in all that we do, be caring towards all of God’s creation, and be united in our faith as one in God.

Let us ask the Holy Spirit to enflame in us the fire in our hearts that we may bear true witness to, and live the messages of the Gospels in our lives, through Christ our Lord.

# Parish Feast Day 2024

## CATHEDRAL *of the* HOLY SPIRIT

### **Novena Day 1: 10<sup>th</sup> May**

Friday, 8.00pm Novena followed by Mass

### **Novena Day 2: 11<sup>th</sup> May**

Saturday, 6.40am Lauds followed by Mass  
5.30pm Novena followed by Mass

### **Novena Day 3: 12<sup>th</sup> May**

Sunday, 7.30am Novena (M) followed by Mass  
10.00am Novena followed by Mass

### **Novena Day 4: 13<sup>th</sup> May**

Monday, 8.00pm Novena followed by Mass

### **Novena Day 5: 14<sup>th</sup> May**

Tuesday, 8.00pm Novena followed by Healing Mass

### **Novena Day 6: 15<sup>th</sup> May**

*Triduum 1 – Sanctified in Unity*  
Wednesday, 8.00pm Novena followed by Mass

### **Novena Day 7: 16<sup>th</sup> May**

*Triduum 2 – Testimony of Love*  
Thursday, 8.00pm Novena followed by Mass

### **Novena Day 8: 17<sup>th</sup> May**

*Triduum 3 – Commissioned to Serve*  
Friday, 8.00pm Novena followed by Mass

### **Novena Day 9: 18<sup>th</sup> May**

*Pentecost Vigil – Unified by Divine Love*  
Saturday 6.40am Lauds followed by Mass  
5.30pm Novena followed by Mass (ETM)  
Fellowship Dinner  
9.00pm to 12am Adoration and Prayer

### **Pentecost Sunday**

19<sup>th</sup> May  
*Witnessing the Truth by Celebrating our Unity in Diversity*  
10.30am Mass (ETM)  
Fellowship Lunch at Dewan Holy Spirit

#### *Notes*

1. *Triduum Mass – English (Church), Mandarin (Hall), Tamil (Classroom)*

2. *Mandarin Mass on 19<sup>th</sup> May is cancelled; and combined with English and Tamil Mass at 10.30am.*





“Each of us is the result of a thought of God.  
Each of us is willed. Each of us is loved.  
Each of us is necessary.”

Pope Benedict XVI

Inclusivity . Caring . Unity

## **Come Holy Spirit, Creator Blest**

Come, Holy Spirit, Creator blest,  
and in our souls take up Thy rest;  
come with Thy grace and heavenly aid  
to fill the hearts which Thou hast made.  
O comforter, to Thee we cry,  
O heavenly gift of God Most High,  
O fount of life and fire of love,  
and sweet anointing from above.

Thou in Thy sevenfold gifts are known;  
Thou, finger of God's hand we own;  
Thou, promise of the Father, Thou  
Who dost the tongue with power imbue.

Kindle our sense from above,  
and make our hearts o'erflow with love;  
with patience firm and virtue high  
the weakness of our flesh supply.

Far from us drive the foe we dread,  
and grant us Thy peace instead;  
so shall we not, with Thee for guide,  
turn from the path of life aside.

Oh, may Thy grace on us bestow  
the Father and the Son to know;  
and Thee, through endless times confessed,  
of both the eternal Spirit blest.

Now to the Father and the Son,  
Who rose from death, be glory given,  
with Thou, O Holy Comforter,  
henceforth by all in earth and heaven.

Amen.

## Litany of the Holy Spirit

Lord, have mercy on us.  
Christ, have mercy on us.  
Lord, have mercy on us.  
Father all powerful, have mercy on us  
Jesus, Eternal Son of the Father, Redeemer of the world, save us.  
Spirit of the Father and the Son, boundless life of both, sanctify us.  
Holy Trinity, hear us

Holy Spirit, Who proceedest from the Father and the Son, enter our hearts.

Holy Spirit, Who art equal to the Father and the Son, enter our hearts.

Promise of God the Father, have mercy on us.  
Ray of heavenly light, have mercy on us  
Author of all good, have mercy on us  
Source of heavenly water, have mercy on us  
Consuming fire, have mercy on us  
Ardent charity, have mercy on us  
Spiritual unction, have mercy on us  
Spirit of love and truth, have mercy on us  
Spirit of wisdom and understanding, have mercy on us  
Spirit of counsel and fortitude, have mercy on us  
Spirit of knowledge and piety, have mercy on us  
Spirit of the fear of the Lord, have mercy on us  
Spirit of grace and prayer, have mercy on us  
Spirit of peace and meekness, have mercy on us  
Spirit of modesty and innocence, have mercy on us  
us

Holy Spirit, the Comforter, have mercy on us  
Holy Spirit, the Sanctifier, have mercy on us  
Holy Spirit, Who governest the Church, have mercy on us

Gift of God, the Most High,  
have mercy on us

Spirit Who fillest the universe,  
have mercy on us

Spirit of the adoption of the children of God,  
have mercy on us

Holy Spirit, inspire us with horror of sin.  
Holy Spirit, come and renew the face of the earth.  
Holy Spirit, shed Thy light in our souls.  
Holy Spirit, engrave Thy law in our hearts  
Holy Spirit, inflame us with the flame of Thy love.

Holy Spirit, open to us the treasures of Thy graces  
Holy Spirit, teach us to pray well.  
Holy Spirit, enlighten us with Thy heavenly inspirations.

Holy Spirit, lead us in the way of salvation  
Holy Spirit, grant us the only necessary knowledge.  
Holy Spirit, inspire in us the practice of good.  
Holy Spirit, grant us the merits of all virtues.  
Holy Spirit, make us persevere in justice.  
Holy Spirit, be Thou our everlasting reward.

Lamb of God, Who takest away the sins of the world, Send us Thy Holy Spirit.

Lamb of God, Who takest away the sins of the world, pour down into our souls the gifts of the Holy Spirit.

Lamb of God, Who takest away the sins of the world, grant us the Spirit of wisdom and piety.

**V.** Come, Holy Spirit! Fill the hearts of Thy faithful,

**R.** And enkindle in them the fire of Thy love.

*Let Us Pray*

Grant, O merciful Father, that Thy Divine Spirit may enlighten, inflame and purify us, that He may penetrate us with His heavenly dew and make us fruitful in good works, through Our Lord Jesus Christ, Thy Son, Who with Thee, in the unity of the same Spirit, liveth and reigneth forever and ever.

**R.** Amen.

## Prayer for our Parish Feast Day

O God our almighty and eternal Father in Heaven,  
we implore you, we pray, for your forgiveness for our trespasses and sins against you and against each other, for the times in which we had forgotten to be inclusive in all that we do, for the times in which we had taken for granted your creation around us, and for the times which we had been disunited in serving you, your Holy Church, and each other.

We offer you our praise, gratitude, and thanksgiving for your blessings upon all of us gathered and celebrating our parish feast day here at the Cathedral of the Holy Spirit.

We thank you for bringing us together for our parish feast day on this Pentecost Sunday; and for us to ever rejoice in your loving graces and will for all of us to continuously work and grow with each other as we celebrate our unity in faith amongst your diverse faithful at our parish.

Fill us with your grace, O Lord, our ever gracious and loving Father in Heaven, as we celebrate together, united as one in your name; and open our hearts and minds so that we may be humbly ready and willing to always discern in thoughts, actions, and in spirit, and so accept your guidance as you illumine the paths before us today through the Holy Spirit in everything that do so that we may be true witnesses to the Gospel and in living the Gospel as true disciples of Christ.

Humbly we ask that You watch over us, bless us, and keep us in good spirits during our parish feast day and always.

For we know in our hearts that everything good in our lives comes from you; therefore, it is only right that we your faithful, celebrating here by your grace, offer you our sincere praise and thanksgiving.

O God, be gracious and bless us and let the fire of your love through the Holy Spirit enkindle in our hearts the truth of your Word.

Keep us in good spirits, O Lord, that we may be every ready to receive your Spirit to enkindle in our hearts the zeal to live our faith and be truly inclusive in all that we do, be caring to all your creation, and be united as your faithful in you.

Strengthen us, Lord, and keep us from becoming complacent in our faith and unity as your faithful. Lift up our spirits, as we celebrate in fellowship with one another, and inspire us to seek a deeper understanding and acceptance of each other; for all are one in you.

Almighty Father, open our minds, that we may receive your love, peace, joy, and wisdom. Open our spirits so that we may recognize and be ever willing to live the Gospels as we learn and grow from one another. Open our hearts, we humbly pray, that we may be ever ready to receive your love for us through Christ our Lord, and through each other.

Draw us near to you we pray, O Lord, through the enkindled flames of the Holy Spirit in us; and bless us today and all the days of our lives.

Lord Jesus Christ, whom the Father has commanded us to listen as His beloved Son, bless us, and grace us with your divine presence as we celebrate together for our parish feast day in your name; that we may so recognize in our hearts and have in us an unshakeable faith, that You are with us always.

We humbly therefore, implore that by your grace, and your divine blessings, that we may listen faithfully to your voice. Guide us, O Lord, and make us more faithful and obtain a deeper acceptance of each other, to care for all, and to be united in you; by stirring our souls and teach us the truths, so that by the Holy Spirit, we may grow in faith, and be ever closer to you.

Amen.



## **A Prayer for Inclusivity**

Lord Jesus Christ, you have promised to be with those who are gathered in your name; keep us united with you as we now pray to the Father in the Holy Spirit.

Keep us, O God, to be always reminded that every one of us is created in your divine image, and thus, let all of us be reminded always of the need to be inclusive in everything which we do for one another, and in all that we do in service of your Holy Church.

Have mercy on us, almighty Father, for those times in which we have failed to uphold and cooperate your desire and will for us to be inclusive towards each other in our lives. Forgive us, we humbly implore, for our failures and faults which have contributed to the exclusion of those we have mistakenly and regrettably deemed to be cast aside from what we do in our lives.

Grant us, we pray, the wisdom and steadfastness of heart to every be aware that we ought to be understanding and accepting to all; and that no one of our brothers and sisters should be excluded on any basis; for all are your children and are deserving of love, acceptance, and understanding from one another.

Watch over us always, and by the Holy Spirit whom you have sent as our advocate, bless us always with the spirit and will to keep living the truths of your Word, so that by being inclusive to others, we may be ever closer to you.

All glory, honour, and praise be to you, O God.  
Amen.

“Therefore welcome one another as Christ has welcomed you, for the glory of God.”

Romans 15:7

“We may be excused for not always being bright, but we are not excused for not being gracious, yielding and considerate.”

St. Francis de Sales

## A Prayer for being Caring

Lord our God, we thank you for your gracious blessings upon us every day of our lives.

Humbly we implore you, to listen to our prayer.

Grant us, O Lord, the heart to be always ever ready to respond to needs of others and all your creation; and do not let us stumble or fail in our responsibilities in caring for one another and for the world around us.

We ask that through your love, we may be reminded that the act of our caring for our brothers and sisters is a reflection of your love for each and every one of us, and that you have also entrusted to our humble hands to care for all your creation.

Forgive us, O Lord, for the errors of our ways and for failing to care for one another and for neglecting to care for the world around us. Show us the way in which we must go to stay true to our faith in caring for all.

Grace us, almighty God, with the Spirit to go forth and always be imbued with the strength to care for all; and the heart to be open to do so at all times throughout our lives.

Glory be to the Father, and to Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end.

Amen.

“A new commandment I give to you, that you love one another. Just as I have loved you, you also love one another. By this everyone will know that you are my disciples, if you have love for one another.”

John 13:34-35

“We who are strong have an obligation to bear with the failings of the weak, and not to please ourselves. Let each of us please his neighbor for his good, to build him up.”

Romans 15:1-2

“No one has ever been accused for not providing ornaments, but for those who neglect their neighbour a hell awaits with an inextinguishable fire and torment in the company of the demons. Do not, therefore, adorn the church and ignore your afflicted brother, for he is the most precious temple of all.”

St John Chrysostom

“As long as any one has the means of doing good to his neighbours, and does not do so, he shall be reckoned a stranger to the love of the Lord.”

St. Irenaeus of Lyons

“The bread you store up belongs to the hungry; the cloak that lies in your chest belongs to the naked; the gold you have hidden in the ground belongs to the poor.”

St. Basil the Great

## **A Prayer for Unity**

Our most loving Father in Heaven,  
All honour and glory be to you, O God.

We come before you, together as one faithful people  
to humbly implore and ask for your forgiveness for  
our sins and faults in our disunity.

Heal us, Lord, that we may overcome all our  
divisions and disagreements with one another.

Unite us, Lord, that we may see and build upon the  
strength of the diversity of the entire peoples you  
have called to be your own in this family of your  
faithful.

Give us a heart that is open to one another, a spirit  
that is accepting, understanding, and caring to all.

Restore us, we ask, O Lord, that we may ever  
rejoice in you together as your faithful.

We humbly ask that you keep us straight in our  
paths in faith together in you; that we shall not  
stumble into disunity or division amongst ourselves.  
Keep us reminded, O Lord, that we are your faithful  
and that we are one in you.

Send us your Spirit to keep us in grace and in truth  
in your Word always.

We ask this through our Lord Jesus Christ your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit, one God, for ever and ever.

Amen.

"How good and pleasant it is when brothers live together in  
unity!"

Psalm 133:1

"Try to acquire the virtues you believe lacking in your  
brothers. Then you will no longer see their defects, for you  
will no longer have them yourself."

St. Augustine

"One must do all one can do for everybody, expecting no  
return save from God only."

St. John Vianney

"No one should follow what he considers to be good for  
himself, but rather what seems good for another. Let them  
put Christ before all else; and may he lead us all to  
everlasting life."

St. Benedict

"Do all you can to work in unity."

St. Mary MacKillop



# Adoration *of the* Blessed Sacrament

18<sup>th</sup> May 2024 | 9.00pm to 12.00am

All the following suggested prayers are intended for private individual use in silent prayer during the Adoration and Prayer after the Pentecost Vigil Mass on 18<sup>th</sup> May 2024.

## **Adoration of the Blessed Sacrament and Prayer**

“... And remember, I am with you always, to the end of the age.” - Matthew 28:20

“The stillness of prayer is the most essential condition for fruitful action. **Before all else, the disciple kneels down.**”

St. Gianna Beretta Molla

In Adoration, we are being physically present with our Lord and Saviour Jesus Christ, who is physically present with us in the Blessed Sacrament.

This expects reverence from us being in the physical presence of God; and for us to act accordingly in reverential prayer and silence.

Let us be reminded that the Lord our God is truly present in the Blessed Sacrament, and therefore, let us rejoice in the Lord; and at the same time, we ought to remind ourselves always of the reverence that is expected of us in His presence.

Adoration can be a very transformative prayer. Time spent with the Lord in Adoration never goes unrewarded.

Remember, St. Pope John Paul II tells us that “*Jesus waits for us in this sacrament of love. Let us be generous with our time in going to meet Him in adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world by our adoration never cease.*” (*Dominicae cenae*, no. 3)

**Let us, as a parish community, spend time with the Lord in Adoration.**

# Prayers for Adoration

## The Lord's Prayer (Our Father)

Our Father, who art in heaven,  
hallowed by Thy name.  
Thy kingdom come.  
Thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
Amen.

## Glory Be

Glory be to the Father,  
and to the Son,  
and to the Holy Spirit.

As it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen.

## Anima Christi

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O good Jesus, hear me.  
Within your wounds conceal me.  
Do not permit me to be parted from you.  
From the evil foe protect me.  
At the hour of my death call me.  
And bid me come to you,  
to praise you with all your saints  
for ever and ever.  
Amen.

## Hail Mary

Hail Mary, full of grace,  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.

## Apostles' Creed

I believe in God, the Father almighty, Creator of  
heaven and earth, and in Jesus Christ, His only Son,  
or Lord, who was conceived by the Holy Spirit, born  
of the Virgin Mary, suffered under Pontius Pilate,  
was crucified, died and was buried;

He descended into hell; on the third day He rose  
again from the dead; He ascended into heaven, and  
is seated at the right hand of God the Father  
almighty;

from there He will judge the living and the dead. I  
believe in the Holy Spirit, the holy catholic Church,  
the communion of saints, the forgiveness of sins, the  
resurrection of the body, and life everlasting.  
Amen.

## Act of Faith

O my God, I firmly believe that You are one God in  
three divine Persons, Father, Son and Holy Spirit. I  
believe that Your divine Son became man, died for  
our sins, and that He will come to judge the living  
and the dead. I believe these truths and all the truths  
which the Holy Catholic Church teaches, because  
You have revealed them, who can neither  
deceive nor be deceived.

## **Act of Adoration**

We adore you, Most Holy Lord, Jesus Christ, here and in all your churches of the whole world, and we bless You because by Your Cross You have redeemed the world. Have mercy on us.

## **Act of Hope**

O My God, relying on Your almighty power and infinite mercy and promises, I hope to obtain pardon of my sins, the help of Your grace, and life everlasting through the merits of Jesus Christ, my Lord and Redeemer.

## **O Sacred Banquet**

*by St. Thomas Aquinas*

O sacred Banquet, wherein Christ is received; the memory of His Passion renewed, the mind is filled with grace, and the pledge of future glory is given unto us.

## **Act of Love**

O my God, I love you above all things, with my whole heart and soul, because You are all good and worthy of all love. I love my neighbor as myself for the love of You. I forgive all who have injured me, and ask pardon of all whom I have injured. Amen.

## **Prayer before the Blessed Sacrament**

*by St. Pope John XXIII*

O Jesus, present in the Sacrament of the Altar, teach all nations to serve you with a willing heart, knowing that to serve God is to reign.  
May your sacrament, O Jesus,  
be light to the mind,  
strength to the will,  
joy to the heart.  
May it be the support for the weak,  
the comfort for the suffering,  
the wayfaring bread of salvation for the dying,  
and, for all, the pledge of future glory.

## **The Real Presence of Jesus**

*by St. Francis of Assisi*

The whole world should tremble and heaven rejoice, when Christ, the Son of the living God, is present on the altar in the hands of the priest.

What wonderful majesty! What stupendous  
condescension!

O sublime humility! O humble sublimity!

That the Lord of the whole universe, God and the Son of God,  
should humble himself like this  
and hide under the form of a little bread for our  
salvation.

Look at God's condescension, my brothers,  
and pour out your hearts before him, humble  
yourselves that you may be exalted by him.

# Compline

*Night Prayer from the Liturgy of the Hours*

18<sup>th</sup> May 2024

This prayer is a good meditative prayer for an individual to pray during Adoration.

This is also intended to be used for individual silent prayer during Adoration and Prayer on 18<sup>th</sup> May 2024.

## **Let us pray.**

O God, + come to our aid.  
O Lord, make haste to help us.  
Glory be to the Father and to the Son  
and to the Holy Spirit,  
as it was in the beginning,  
is now, and ever shall be,  
world without end.  
Amen. Alleluia.

## **Examination of Conscience**

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault,  
through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.  
May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.  
Amen.

## **Hymn**

Jesu, the world's redeeming Lord,  
The Father's co-eternal Word,  
Of light invisible true Light,  
Thine Israel's Keeper day and night.

Our great Creator and our Guide,  
Who times and seasons dost divide,  
Refresh at night with quiet rest,  
Our limbs by daily toil oppressed.

We pray thee, while we dwell below,  
Preserve us from our ghostly foe;  
Nor let his wiles victorious be  
O'er them that are redeemed by thee.

That while in this frail house of clay  
A little longer here we stay,  
Our flesh in thee may sweetly sleep,  
Our souls with thee their vigils keep.

All praise be thine, O risen Lord,  
From death to endless life restored;  
All praise to God the Father be,  
And Holy Ghost eternally.



## **Psalm 4**

### *A Psalm of Thanksgiving*

Alleluia. Alleluia. Alleluia.

When I called out, he heard me, the God of my righteousness.

When I was in trouble, you gave me freedom: now, take pity on me and listen to my prayer.

Sons of men, how long will your hearts be heavy?

Why do you seek for vain things?

Why do you run after illusions?

Know that the Lord has done marvellous things for those he has chosen.

When I call upon the Lord, he will hear me.

Be vigorous, but do not sin:

speak in the silence of your heart, in your bed, be at rest.

Offer righteousness as a sacrifice, and put your trust in the Lord.

Many are saying, Who will give us good things?

Let your face shine on us, Lord, let the light of your face be a sign.

You have given me a greater joy than the others receive

from abundance of wheat and of wine.

In peace shall I sleep, Lord, in peace shall I rest: firm in the hope you have given me.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

## **Psalm 133 (134)**

### *Evening prayer in the Temple*

Come, bless the Lord,

all you servants of the Lord

who stand through the night in the house of the Lord!

Lift up your arms to the sanctuary and bless the Lord!

May the Lord bless you from Zion – the Lord, who made heaven and earth.

Glory be to the Father and to the Son and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

Alleluia. Alleluia. Alleluia.

## **Scripture Reading**

### **Deuteronomy 6:4-7**

Hear, O Israel: the Lord our God is one Lord; and you shall love the Lord your God with all your heart, and with all your soul, and with all your might. And these words which I command you this day shall be upon your heart; and you shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.

## **Short Responsory**

**V:** Into your hands, Lord, I commend my spirit, alleluia, alleluia.

**R:** Into your hands, Lord, I commend my spirit, alleluia, alleluia.

**V:** You have redeemed us, Lord God of truth, alleluia, alleluia.

**R:** Into your hands, Lord, I commend my spirit, alleluia, alleluia.

**V:** Glory be to the Father and to the Son and to the Holy Spirit.

**R:** Into your hands, Lord, I commend my spirit, alleluia, alleluia.

## **Canticle**

### **Nunc Dimittis**

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

Now, Master, you let your servant go in peace. You have fulfilled your promise.

My own eyes have seen your salvation, which you have prepared in the sight of all peoples.

A light to bring the Gentiles from darkness; the glory of your people Israel.

Glory be to the Father and to the Son

and to the Holy Spirit,

as it was in the beginning,

is now, and ever shall be,

world without end.

Amen.

*Save us, Lord, while we are awake; protect us while we sleep; that we may keep watch with Christ and rest with him in peace. Alleluia.*

**Let us pray.**

Come to visit us, Lord, this night,  
so that by your strength we may rise at daybreak  
to rejoice in the resurrection of Christ, your Son,  
who lives and reigns for ever and ever.  
Amen.

**The Lord + grant us a quiet night and a perfect  
end.**

Amen.

**Regina Caeli**

Queen of Heaven, be joyful,  
Alleluia.

You who were worthy to bear him.  
Alleluia.

He has risen, as he promised.  
Alleluia.

Pray for us to God.  
Alleluia.

“O God, send forth Your Holy Spirit into my heart that I may perceive, into my mind, that I may remember, and into my soul, that I may meditate. Inspire me to speak with piety, holiness, tenderness, and mercy. Teach and direct my thoughts and senses, from beginning to end. May Your grace, ever help and correct me, and may I be strengthened now with wisdom from on high, for the sake of Your infinite mercy. Amen.”

### **St. Anthony of Padua**

“In prayer, the soul cleanses itself from sin, charity is nourished, faith is strengthened, hope made secure; the spirit rejoices, the soul grows tender and the heart is purified, truth discovers itself, temptation is overcome, sadness takes to flight, the senses are renewed, failing virtues are made strong, tepidity disappears, the rust of sin is rubbed away. In it are brought forth, lively flashes of heavenly desires and in these fires, burns the flame of Divine love. Great are the excellences of prayer, great its privileges. The heavens open before it and unveil therein, their secrets and to it, are the ears of God ever attentive.”

### **St. Peter of Alcantara**

“Father, I am seeking: I am hesitant and uncertain, but will you, O God, watch over each step of mine and guide me.”

### **St. Augustine**

“Let us invoke the Holy Spirit each day: he guides us along the path of discipleship in Christ.”

### **Pope Francis**



CATHEDRAL *of the* HOLY SPIRIT  
PENANG