

newbee

SALT OF THE EARTH AND LIGHT OF THE WORLD:
CELEBRATING, LISTENING AND WALKING TOGETHER IN A SPIRIT OF COMMUNION
PARTICIPATION AND MISSION (MATTHEW 5: 13-16).

MONTHLY FOCUS

PASTORAL CARE FOR THE ELDERLY AND THE SICK

Weak but Strong

This month we will celebrate World Day for Grandparents and the Elderly. We keep in mind the need for the pastoral care for the elderly and the sick.



Wisdom is found in the old, and discretion comes with great age.

Job 12:12



Ezekiel, in the first reading, was sent by God to prophesize to the exiles in Babylon. Then, 10,000 Jews had been forced into exile when the Babylonians took Jerusalem. It was a punishment from God for their sins. However, there they continued their sinful ways, and as God described them and their ancestors, they were 'defiant and obstinate' and rebellious against Him. Yet God sent Ezekiel, a prophet, into their midst. God wanted them to know that there is hope for the restoration of their nation and that they will one day be returned to their homeland. Similarly, God will not abandon us in any circumstances, whether we 'listen or not'.

It is when I am weak that I am strong seems a paradoxical statement. What Paul wants to tell us is that it is in our weak state that we become strong in Jesus, when we trust in Him and His grace. We rely not on our own power, but on God's grace so that the power of Christ may dwell in us.

It is so like us that we do not appreciate the people we have in our community. We tend to gather around visiting priests and speakers praising them for their works, yet we fail to see the good things that the people in our family or community do. In the Gospel, the people in Jesus' hometown could not accept the 'ordinary' kampong boy even though he was already known all over Galilee for his miracles. They could not believe what they were hearing from Him. Like how did He get His wisdom? We need a hard look at ourselves.

Jesus was amazed by their lack of faith, and so He could not work any miracle there. It is amusing that He did heal a few sick people, though. He simply could not help himself. We question our faith in the Lord. Do we have enough faith in Him? **Do we allow ourselves to receive His grace and be strong in our weakness?** Whatever the size of our faith (Matt 17:20), know that Jesus will not abandon us.✠

SCRIPTURE of the DAY

Ezekiel 2: 2-5

Psalms 122: 1-4

2 Corinthians 12: 7-10

Mark 6: 1-6

INTERNAL CIRCULATION ONLY
BUL 27/2024

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CHS BULLETIN



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+604-6564309 (FAX)



Cathedral of the Holy Spirit

Parish Priest: Fr. Joachim Robert

Priest-in-Residence: Fr. Francis Anthony

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.



admin@holyspiritcathedral.com



CHSpenang



holyspiritcathedral.com



chspenang



youtube.com/CHSPgTv

2024 THEME
JULY

SALT OF THE EARTH AND LIGHT OF THE WORLD:

COMMUNION, PARTICIPATION AND MISSION

PASTORAL CARE FOR THE ELDERLY AND THE SICK

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Jul 07 (Sun) <i>Ez 2:2-5 2 Cor 12:7-10 Mk 6:1-6</i>	8.00 am 10.30 am	MASS (M) MASS (E)	14TH SUNDAY IN ORDINARY TIME (YEAR B) No Livestream Livestream
Jul 08 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
Jul 09 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	St. Augustine Zhao Rong, Priest and Companions, Martyrs No Livestream
Jul 10 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream
Jul 11 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Benedict, Abbot No Livestream
Jul 12 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream
Jul 13 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to OMPH followed by MASS (E)	St. Henry No Livestream Livestream
Jul 14 (Sun) <i>Am 7:12-15 Eph 1:3-14 Mk 6:7-13</i>	8.00 am 10.30 am	MASS (M) MASS (E)	15TH SUNDAY IN ORDINARY TIME (YEAR B) No Livestream Livestream

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 29 & 30 June 2024 (Peter's Pence): RM 9,930.00

2nd Collection on 06 & 07 June 2024 is for the poor and the needy

"God loves a cheerful giver." – 2 Cor. 9:7

1. GLOWING EMBERS: HOW TO WAIT ON THE LORD | 9 JULY 2024

"Be patient, therefore, brothers, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, being patient about it, until it receives the early and the late rains." James 5:7

Speaker: Regina Xavier

Time/Venue: 9.45am at St Mark Classroom

Date: Part 2: 9 July

WhatsApp Joanne 013 9222819

2. KURSUS PRA-PERKAHWINAN DALAM BM SECARA ONLINE | 8 - 11 JULY 2024

Tarikh: 8 – 11 Julai 2024 (setiap malam)

Masa: 8.00pm – 11.00pm melalui GoogleMeet

Tarikh Tutup Penyertaan: 7 Julai 2024

Untuk pertanyaan dan maklumat lanjut, sila hubungi:-

Sr. Florence: 012 8484158

Sr. Lucynia: 010 7966882

Byron: 013 5950232

Bintin: 012 4259375

Sila imbas/'scan' untuk pendaftaran secara online.



3. IN GOD, ALL ARE ONE - LEADERS' DIALOGUE SESSION | 13 JULY 2024

Thank you for sharing your ideas during our Parish Formation earlier this year and for your feedback through the survey that began on June 30th. We invite all Parish Council members, leaders of all ministries, and Zone/BEC leaders to join us for a collaborative session where we will share and clarify our plans to make our parish more Inclusive, Caring, and United (ICU).

During this session, we will also review the survey results to fine-tune our plans. In God, all are one. Let us come together to embrace and discern our way forward toward ICU.

Date: **Saturday, July 13th**

Time: 9:00 AM - 12:00 PM

Venue: Dewan Holy Spirit

4. **PARENTS AS THE FIRST EVANGELIZERS | 29 JULY 2024**

The Institute for New Evangelisation is calling on parents with children to join them on 29 July 2024 via Zoom. Only 100 places. Details in brochure.

5. **LET'S BECOME MISSIONARY DISCIPLES | 03 & 04 AUGUST 2024**

Catholic Formation for Evangelizers (CFE) by the School for New Evangelization (SNE) under Penang Diocesan New Evangelization Commission (PDNEC).

Date & time: **3 Aug 2024 (Sat) 8.00am - 4.30pm**

4 Aug 2024 (Sun) 11.00am - 7.15pm

Venue: OMPH Parish Hall, Church of Our Mother of Perpetual Help, Ipoh, Perak.

This formation is to encourage, prepare and equip Catholics to effectively witness and present the Gospel of Jesus Christ. Please feel free to share this with your Catholic brethren.

Registration fee: RM20.00 only Registration closing date: 20 July 2024 (Sat)

Watch this: <https://youtu.be/nmqE5cMVuJo>

Register now! <https://forms.gle/CZyuHkmfo1YzoHmb8>

6. **PDYN LEADERSHIP RETREAT 2 | 5 - 8 AUGUST 2024**

Penang Diocesan Youth Network is organizing the second PDYN Leadership Retreat on:

Date: **5th - 8th August 2024 (Monday to Thursday)**

Venue: Church of Christ the King, Sungai Petani, Kedah

This leadership retreat is for parish youth & campus students aged 18 to 29 years old. For more details, please refer to the poster. You can register for any one of the retreats via this Google Form link:

📄 <https://bit.ly/PDYNLR2-2024> or scan the QR Code found on the poster.

The closing date for the August Leadership Retreat is on **19th July 2024 (Friday)**.

WhatsApp/Contact us for further queries: 012-346 4416 (PDYN Office). 📱

7. **CHARIS PENANG DIOCESE SERVICE OF COMMUNION: HOLY SPIRIT WEEKEND | 23 - 25 AUGUST 2024**

CHARIS Penang Diocese Service of Communion will be organizing a **Holy Spirit Weekend** with the theme **Born Again** to be held at the Cathedral of the Holy Spirit from 23 – 25 August 2024. The aim of the weekend is to encourage participants to have a deeper awareness and experience of the Holy Spirit in their lives that would help them to lead more effective and victorious lives as Christians.

Any enquiries, contact: Adeline +60124316238 | Joyce +601640377443

Registration closing date: **13 August 2024**

8. **BASIC COURSE ON PSYCHOLOGY AND FAITH FORMATION VIA ZOOM | 5 SEPTEMBER - 17 OCTOBER 2024**

A series of interactive sessions by Rachel D'Souza, Head of Clinical Development at Early Autism Project (EAP) Malaysia, for evangelizing catechists, parents and caregivers, and anyone interested in this area.

Four (4) alternate Thursdays (5/9, 19/9, 3/10, 17/10) at 8.00pm-9.30pm via Zoom.

Registration closing date: 25 Aug 2024 (Sun)

Registration Fee: Ten Ringgit (RM10.00) per person

Certificates will be issued upon request, to participants who have participated in this course with full attendance and active interaction.

Click here to register: <https://forms.gle/kSpiFEiFgwPmyrpk7>

9. **WALKING TOWARDS ETERNITY: DARING TO WALK THE WALK | 7 SEPTEMBER - 2 NOVEMBER 2024**

CHS Parish Formation would like to invite all parishioners who are interested to join in this face to face Bible Study, *“Walking Towards Eternity: Daring to Walk the Walk”*
Subsidised Entrance fee includes a Journal costing RM60 (Actual fee is RM110)

Interested participants can register online through their Zone/BEC WhatsApp via the CHS Walking Towards Eternity online link.

Closing date: **18 August 2024.**

For further details please contact:

Bernard Capel (016-4117675) | Ignatius Shum (012-4184123) | Daniel Goon (016-4226993)

10. **RACHEL'S VINEYARD RETREAT | 18-20 OCTOBER 2024**

RACHEL'S VINEYARD welcomes ANY PERSON man or woman who is struggling with emotional and spiritual pain of an abortion. A 3-day/2-night stay-in scriptural based retreat will be held in Penang on 18-20 October 2024 (Friday to Sunday).

Closing Date for registration: **16 September 2024**

This retreat is specially designed to help participants experience the mercy, compassion, love and healing grace of God. It is a time of grace. Please contact Mary at 016-4190538 or email at:

rachelvineyard.my@gmail.com for more information. All communication will be strictly confidential.

11. **INVITING FAMILIES WITH SPECIAL NEEDS CHILDREN**

We welcome all families who may require support, those with special needs who may wish to serve at Mass or any special needs individuals wishing to attend catechism. Do get in touch with us!

- Cantor Group: Bart & Angie 012-552 6483
- Catechism: Anne Ho 016-410 6992
- Support & Share Resources: Jo-Anne Devries 012-480 0861 & Annie Chong 016-826 4909

12. **CHS MEDIA MINISTRY: PHOTOGRAPHERS**

Do you have a passion for photography? Come join us. CHS is looking for photographers to capture CHS moments during our events, formations, etc. Interested? Please contact Deacon Andrew at parish office, tel: 04-6584909.

13. **39TH NOTIFICATION AND UPDATES FOR THE DIOCESE OF PENANG**

<https://pgdiocese.org/posts/39th-notification-and-updates-for-the-diocese-of-penang/>



Clement Jeremiah & Family
of
Church of Divine Mercy,
Penang

Parents AS THE FIRST EVANGELIZERS

Learn simple and creative ways you can create a Faith-Filled Home Environment as a family at home

Target Audience:
Young families
(Parents and Children)

**MONDAY
29 JULY
2024
8.30PM
TO 10PM**

Zoom Registration:
www.zoom.us/join
Meeting Id: 836 3644 3229
Passcode: Family2024

The "Play & Pray" Combo
Work & Family Balance
Being Word of God focused

Joyce Patrick (016-524 3867)

zoom

INJE
Institute for
New Evangelization

PDYN LEADERSHIP RETREAT 2024

CATHEDRAL OF THE HOLY SPIRIT, PENANG
9-12 April

CHURCH OF CHRIST THE KING, SUNGAI PETANI
5-8 August

CHURCH OF ST. ANTHONY, TELUK ANTAN
2-5 December

**FIRST COME
FIRST SERVED**

**TARGET AUDIENCE
CAMPUS STUDENTS & YOUNG ADULTS
18 - 29 YEARS OLD**
*Limited to 100 participants per retreat
*Registration fee: RM 70
(T-shirt & Kit included)

**OBJECTIVE
TO NURTURE AND
EQUIP THE YOUNG PEOPLE
TO BE THE "NOW OF GOD"**

Scan to register

For further enquiries, contact us:
PDYNPENANG 012-348 4416 (PENANG DIOCESAN YOUTH NETWORK)

CATHOLIC FORMATION FOR EVANGELIZERS

CHURCH OF OUR MOTHER OF PERPETUAL HELP, IPOH

3rd & 4th August, 2024
(Non stay-in seminar)

**Let's Become
MISSIONARY
DISCIPLES
GO FORTH**

Objective: To encourage, prepare and equip Catholics to effectively witness and present the Gospel of Jesus Christ.

"The Church which "goes forth" is a community of missionary disciples who take the first step, who are involved and supportive, who bear fruit and rejoice."
- Evangelii Gaudium 24

Speakers:
Rev. Fr. Desmond Jansen
Mr. Martin Jalich

* Limited to 60 participants only
Closing Date: 20th July, 2024

Registration Fee: RM20 per pax

For More Information, contact (WhatsApp/SMS):
Jeanne J Saw 016 455 4597
Registration Form
https://forms.gle/CZyuHkfmfo1Yzohmb8

DO NOT BE SURPRISED because I tell you that you must all be BORN AGAIN

John 3:7

23 - 25 August 2024

Cathedral of the Holy Spirit, Penang

Any enquiries, contact:
ADELINE +60124316238
JOYCE +60164037743

REGISTRATION CLOSING DATE
13 Aug 2024

Organised by:
CHARIS PENANG DIOCESE
SERVICE OF COMMUNION

SCAN TO REGISTER

Basic Course on Psychology and Faith Formation

RACHEL D'SOUZA
HEAD OF CLINICAL DEVELOPMENT AT EARLY
AUTISM PROJECT (MALAYSIA)

Date & Time:
05 & 19 Sept, 05 & 17 Oct 2024 (Thu)
8.00pm-9.30pm

Registration Fee:
Ten Ringgit (RM10.00) per person

Reg. Closing Date:
25 Aug 2024 (Sun)

CLICK HERE OR **SCAN ME**

REGISTER NOW

Evangelizing catechists,
parents and caregivers,
anyone interested in
this area.

4 ZOOM SESSIONS @ ONLY
1 HR 30 MINS EACH

CERTIFICATE OF
COMPLETION WILL BE
AWARDED

To get the latest updates on the
event follow us on:
Penang Diocese
Catechetical Commission. PDCC WEBSITE

Do You Want to be a Better Person?

DARING TO WALK THE WALK

An Eight-Part Bible Study Featuring Jeff Cavins

Dates, Times, Location
Date : 7th September to 2nd November 2024
Venue : St. Augustine Auditorium,
Cathedral of the Holy Spirit, Penang
Time : 10am to 12pm

Cost/Registration
RM60 inclusive of journal (actual cost RM110)
Closing Date : 18th August 2024

For More Information
Bernard Capel (016-411 7675)
Ignatius Shum (012-418 4123)
Daniel Goon (016-422 6992)

Walking Toward Eternity: Daring to Walk the Walk is an inspiring series designed to help you live your faith more fully. Through daily prayer and meditation on Scripture (lectio divina), you will be drawn into an intimate and life-changing encounter with Christ. Daring to Walk the Walk introduces seven key virtues and outlines practical steps for living them out in your life.

"I believe the ripple effect of this program will wrap our globe and last for generations to come."
—Ed Gastewski

Visit BibleStudyForCatholics.com to learn more!