

newbee

SALT OF THE EARTH AND LIGHT OF THE WORLD:
CELEBRATING, LISTENING AND WALKING TOGETHER IN A SPIRIT OF
COMMUNION, PARTICIPATION AND MISSION (MATTHEW 5: 13-16).

MONTHLY FOCUS SERVANT LEADERSHIP

Receiving In Leadership

Have you ever prayed to be spared of living? In the first reading, that was what Elijah did. When we are faced with difficulties, challenges and especially stubbornness from the people around us, as in Elijah's case, we can sometimes feel weary with the world

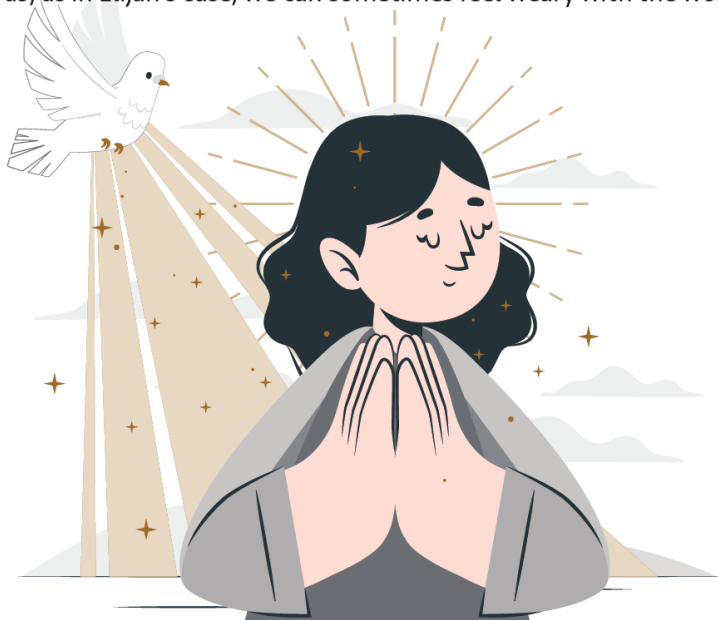


Image: <https://www.freepik.com/author/stories/7#query=cf9690bf-89b6-49a4-97bb-e128d10dd306>

"A good leader sees everything, overlooks a great deal and corrects a little."

St. John Paul II



SCRIPTURE of the DAY

1 Kings 19: 4-8

Psalms 33: 2-9

Ephesians 4: 30 – 5: 2

John 6: 41-51

and ready to give up on life altogether. God heard Elijah's prayers, but instead of granting his wish, **He saw what Elijah truly needed: consolation and sustenance for the long journey.** Trusting in God and spurred on by the encouragement of the angels, Elijah made the long journey to the mountain of God.

In the Gospel reading, the Jews could not understand how Jesus could claim to be the bread that came from heaven when he was obviously just as human as they. Yet, Jesus invites them to look beyond mere appearances and to believe in him, because he was the only one who could provide what they truly needed in their journey to God's kingdom. As he said, no one has seen God except the One who comes from God and anyone who believes in the One sent by God receives eternal life.

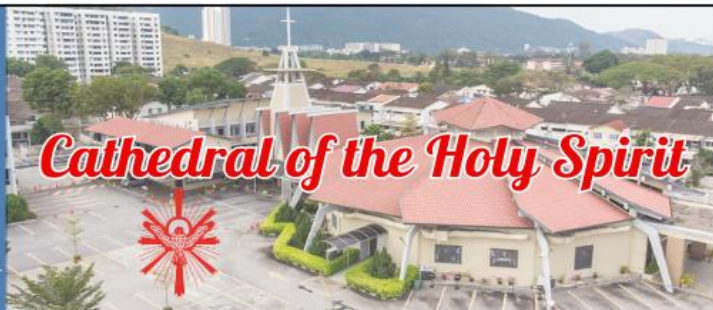
As baptized Christians, we receive the Eucharist to strengthen ourselves on the journey, following the one whom God has sent to show the way. Jesus, our leader, is not an unattainable ideal, but a human person just like us, who experienced the frustrations of living just as we do. He is not a master who does not understand, but one who, knowing all that we go through, knows exactly what we need for our journey and never ceases to provide for us as he provided for Elijah. In his letter to the Ephesians, St Paul calls us to imitate God who loves us and to follow Christ, loving each other as he loved us.

Those of us who have experienced the love and goodness of God, who believe in his leadership, in turn become his servants, who lead and encourage our disheartened brothers and sisters in their journey to the mountain of God. To be servant leaders is not just to be leaders who serve the people, but to be leaders who can see beyond the material demands of life and understand that God alone can truly fulfil all our needs.✝

INTERNAL CIRCULATION ONLY
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CHS BULLETIN



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Deacon in Parish: **DEACON ANDREW LOH**

Get Connected With Us

We would love to connect with you!
Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com holyspiritcathedral.com
CHSpenang chspenang youtube.com/CHSPgTv

2024 THEME AUGUST **SALT OF THE EARTH AND LIGHT OF THE WORLD: COMMUNION, PARTICIPATION AND MISSION SERVANT LEADERSHIP**

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Aug 11 (Sun) 1 Kgs 19:4-8 Eph 4:30-5:2 Jn 6:41-51	8.00 am 10.30 am	MASS (M) MASS (E)	19 TH SUNDAY IN ORDINARY TIME (YEAR B) No Livestream Livestream
Aug 12 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	St. Jane Frances de Chantal, Religious No Livestream
Aug 13 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	Ss. Pontian, Pope, and Hippolytus, Priest, Martyrs No Livestream
Aug 14 (Wed)	8.00 pm	ROSARY followed by Vigil MASS (E)	St. Maximilian Kolbe, Priest, Martyr No Livestream
Aug 15 (Thu)	6.30 am 8.00 pm	ROSARY followed by MASS (E) ROSARY followed by MASS (ETM)	SOLEMNITY OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY (DAY OF OBLIGATION) No Livestream Livestream
Aug 16 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	St. Stephen of Hungary No Livestream
Aug 17 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to OMPH followed by MASS (E)	No Livestream Livestream
Aug 18 (Sun) Pro 9:1-6 Ep 5:15-20 Jn 6:51-58	8.00 am 10.30 am	MASS (M) MASS (E)	20 TH SUNDAY IN ORDINARY TIME (YEAR B) No Livestream Livestream

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 03 & 04 August 2024: **RM 8,833.20**
2nd Collection on 03 & 04 August 2024: **RM 8,556.90**
Sharing Hope Donations for July 2024: **RM 1,052.77**
Café Donations for July 2024: **RM 1,460.00**

“God loves a cheerful giver.” – 2 Cor. 9:7

1. NEW TRAFFIC FLOW DURING WEEKEND MASSES | EFFECTIVE 10 AUGUST 2024

Gate A for ENTRY **Gate B** for EXIT

Please refer to traffic flow notice for mentioned gates as well as speed limit.

2. GLOWING EMBERS: THE FOUR TEMPERAMENTS AND SPIRITUAL LIFE

Are you the warm vivacious Sanguine; the competent, confident and decisive Choleric; the Melancholic who has great attention to detail OR the patient, orderly and measured Phlegmatic? All are welcome to find out which temperament personality type you are, and learn how it affects your spiritual life. Understanding your temperament will help you gain self-knowledge in order to grow in humility and ultimately, perfect your nature through grace.

Date: **6, 13, 20 August**

Time: 9.45 am at St. Mark Classroom, OIKOS

Enquiries/Registration: Ann Neoh +6016-4786058

3. FEAST OF THE ASSUMPTION OF THE BLESSED VIRGIN MARY | 14 & 15 AUGUST 2024

Wednesday, 14 August 2024

- 8.00pm – Rosary followed by Vigil Mass (English).
Vespers and 6.30pm Mass on this day is cancelled

Thursday, 15 August 2024

- 6.30am – Rosary followed by Vigil Mass (English)
- 8.00pm – Rosary followed by Vigil Mass (English, Tamil, Mandarin)

4. HYM BATTLE NIGHT: SPIRIT WITHOUT MEASURE ~ HUNGER & THIRST | 17 AUGUST 2024

Hunger & Thirst - we often use these words to describe what we feel when our stomach growls, or when our throat seems a bit dry, but have you ever wondered what these everyday sensations could suggest in a more profound, spiritual context?

The second instalment of our recently introduced series, "Spirit Without Measure," will explore what it really means to intently long for spiritual sustenance. Join us this month as we journey deeper in our faith and grow with one another as followers of Christ! Catch us on...

Date: **17 August 2024** Time: 8:30pm - 10:30pm

Venue: St. Michael - St. Raphael (2nd floor old classrooms)

If you have any questions, don't hesitate to reach out to our core team members:

Caitlin: +60 16-421 5027 Adele: +60 10-385 2826

5. 2024 EMHC FORMATION | 18 AUGUST 2024

Extraordinary Minister of Holy Communion (EMHC) will be having a Formation on Date/Time/Venue: **18 August 2024 (Sunday)** from 3pm-7pm at St Mark Classroom. Kindly pray for a fulfilling and spirit filled Formation for our EMHC members.

6. INSPIRATION GROUP: TEA-TIME GATHERING | 25 AUGUST 2024

Inspiration Group invites family members and guardians of special needs children to come together for a time for yourselves. Games and activities for children, teens and young adults.

Date/Time: **25 August 2024 (Sunday), 2 to 4 pm**

Venue: St. Mark Classroom, OIKOS, CHS

Register with: Jo-Anne Devries 012-4800861, Angelina 012-5526483 or Annie Chong 016-8264909 (Eng/Mandarin)

7. MERDEKA FAMILY DAY @ CHS | 31 AUGUST 2024

Celebrating Merdeka in the Spirit of Tradition, Heritage, Togetherness & Inclusivity Inviting All Parishioners & Friends! Come join us celebrate Hari Merdeka this year @ CHS!!! Start the day with a beautiful Thanksgiving Mass at 9am to pray for our Country, our Leaders and our Nation and of course ourselves!

- Come dressed in traditional wear - Prizes for the Best Dressed!
- Visit our Ministry Booths!
- Loads of Fun Activities for Children - Caroms, Bingo!, Face Painting, Rosary Making, Soap Making, fun contests and lots more!
- Yummy food and snacks a plenty for all to fellowship together too!

Date/Time: **31 August, 2024 (Saturday) | 9am - 2pm**

See you there!

8. FREE HEALTH SCREENING | 01 SEPTEMBER 2024

Date: 01 September 2024 (Sunday)

Venue: St. Paul Loc – Multi-Purpose Hall (opposite the Blessed Sacrament Portico)

For more details of the health screening or if you would like to be a volunteer, please contact:-

Julia Arulandu 017-390 9258 | Germaine See 施素鸾 012-455 0390

9. WALKING TOWARDS ETERNITY: DARING TO WALK THE WALK 7 SEPTEMBER – 2 NOVEMBER 2024

CHS Parish Formation would like to invite all parishioners who are interested to join in this face to face Bible Study, "Walking Towards Eternity: Daring to Walk the Walk"

Subsidised Entrance fee includes a Journal costing RM60 (Actual fee is RM110)

Interested participants can register online through their Zone/BEC WhatsApp via the CHS Walking Towards Eternity online link.

Closing date: **18 August 2024.**

For further details please contact:

Bernard Capel (016-4117675) | Ignatius Shum (012-4184123) | Daniel Goon (016-4226993)

10. HYM: STUDENT LEADERSHIP 2024 | STARTING IN SEPTEMBER 2024

Hi youth! We're officially back with our third Student Leadership Programme, which means it'll be 3 times more fun, 3 times more exciting, and you'll definitely grow 3 times deeper in your faith. 3 is a significant number as it represents the trinity, and surely our programme this year would also be as amazing!

Come and join us in our leadership family as we learn and grow together, where you will become the leader that God calls you to be. We start in September, and we can't wait to see you there!

Looking for more details, or just wanting to sign up for our programme? Contact any one of our leaders below: Caitlin Teoh: +60 16-421 5027 Ashley Khor: +60 10-920 6651

11. INVITING FAMILIES WITH SPECIAL NEEDS CHILDREN

We welcome all families who may require support, those with special needs who may wish to serve at Mass or any special needs individuals wishing to attend catechism. Do get in touch with us!

- Cantor Group: Bart & Angie 012-552 6483
- Catechism: Anne Ho 016-410 6992
- Support & Share Resources: Jo-Anne Devries 012-480 0861 & Annie Chong 016-826 4909





CATHEDRAL of the HOLY SPIRIT

In God, all are one.

"Inclusivity, Care and Unity"

CHS JOURNEY
"Inclusivity, Care & Unity"

20 Aug 2023	9 Mar 2024	10-19 May 2024	July 2024
PARISH PASTORAL ASSEMBLY	DAY OF RECOLLECTION "Living the virtues"	FEAST DAY CELEBRATION "In God, We are One"	PARISH SURVEY
1 Oct	10 Mar		13 July 2024
DAY OF PLANNING	LEADERS' FORMATION		CHIT CHAT SESSION

PLANS FOR UPCOMING MONTHS
"Inclusivity, Care & Unity"

August	September	October
MONTH OF INCLUSIVITY	MONTH OF CARE	MONTH OF UNITY
November		
MONTH OF INCLUSIVITY, CARE AND UNITY		

Inspiration Group invites
family members and guardians of special needs children, teens and young adults to come together for a time for yourselves.

Tea-time Gathering
25 Aug Sun, 2 to 4 pm
St Mark classroom, CHS

Games and activities for children, teens and young adults.

Snacks and beverages provided

Register: <https://forms.gle/SYd0Tz86L786A9>
For more details, kindly contact : Jo-Anne De Vries 012-480 0861
Angelina 012-552 6483 or Annie Chong 016-826 4909 (Eng/Mandarin)
Inspiration Group, Cathedral of the Holy Spirit, Penang



BATTLE NIGHT

SPIRIT WITHOUT MEASURE: HUNGER & THIRST

17TH AUGUST 2024
8.30PM-10.30PM
ST MICHAEL-ST RAPHAEL
(2ND FLOOR OLD CLASSROOM)

Matthew 5:6

CATHEDRAL OF THE HOLY SPIRIT PRESENTS

Merdeka Family Day @ CHS

"Celebrating Merdeka in the Spirit of Tradition, Heritage, Togetherness & Inclusivity"

And I heard a loud voice from the throne saying, "Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God"
~ Rev 21:3

DATE
SAT
AUG 31
2024

Starts from 9am to 2pm

The 4 Temperaments Personality Type



Sanguine Phlegmatic Choleric Melancholic

Which One Are You?

The Four Temperaments and Spiritual Life
30 July | 6 | 13 | 20 August
9.45am @ St. Mark Classroom

Registration :
WhatsApp - Ann 016 4786058



Simon Wong

September Month of Caring

FREE HEALTH SCREENING

1 Sep 2024 (Sun)
9am - 12.30pm

St. Paul Loc Multi-Purpose Hall

WANNA BE VOLUNTEER? GOT QUESTIONS? CONTACT:
Julia Arulandu Germaine 施素鸾
017-390 9258 012-455 0390

STUDENT LEADERSHIP 2024



...STARTS IN SEPTEMBER...

WE CAN'T WAIT TO SEE YOU THERE!

WHO CAN JOIN?

- 13 - 16 YEARS OLD
- HAVE ATTENDED PAG

DETAILS, DETAILS, DETAILS...

- TRAININGS ARE ON SATURDAYS WHEN THERE IS CEC
- 01:30PM - 03:30PM @ST. MICHAELS, CHS
- YOU HAVE TO ATTEND 8 OUT OF 10 OF OUR TRAININGS

CONTACT PERSONS

CAITLIN TEOH ASHLEY KHOR