

Your word is a lamp for my feet, a light on my path.

YOU AHE The Light WORLD

SCRIPTURE *of the* **DAY** Proverbs 9: 1-6 Psalm 33: 2-3, 10-15 Ephesians 5: 15-20 John 6: 51-58

INTERNAL CIRCULATION ONLY BUL 33/2024 These troubling signs of our times can leave us questioning our practices, our values and more often than not, our leadership.

The Scripture reading today invites us to step out of our confusion in this maelstrom of negativity by taking refuge in the Word of God: "Wisdom calls: come and eat my bread, drink my wine; leave your folly and you will live, walk in the ways of perception." The Lord calls to us, offering us his own body and blood to be our real food, real drink: to warm and strengthen us in a cold and often cruel world. He reminds us that we are loved beyond measure, provides for us all that our hearts can desire. **As long as we can accept his words, his ways and trust in him, a whole new world opens up before us**.

Those of us who have responded with acceptance, tasted and seen the goodness of God, are now called to love and serve others as our Lord had loved and served us. Servant leadership is not just about humbling ourselves and becoming slaves to the needs of others, but to first experience the leadership of Jesus and having seen his goodness to lead others to his love and abundance of life.

Living as Christians in this world is not easy, we struggle against the current of society and against our own fallen nature in order to remain faithful disciples of Christ. However, our Lord is not oblivious to our efforts; he calls us to turn from the ways of the world, to follow him and draw our sustenance from his own flesh and blood: "Those who eat my flesh and drink my blood live in me and I in them. Whoever eats me will have life from me."

All that is required from us, is to believe in his words.

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					PARISH NEWS					
CHS					THANK YOU FOR YOUR GENEROSITY					
					Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish					
BULLETIN Cathedral of the Holy Spirit					can be made through online transfers to the following designated bank account:-					
		Canea	ай ој те почу зрич		Online Payment for		Tithes	Sharing Hope Project		
1, Tingkat B	esi Satu,					Mass Offering		Outreach Projects		
Island Park, 11600 Penang						Hall Booking Wake Room Booking				
() +604-6584909 +604-6566681 +604-6564309 (FAX)					Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad		
					Account Number	309 3049812	20708 2000 39510	20708 2000 39928		
Parish Priest: FR JOACHIM ROBERT Priests-in-Residence: FR FRANCIS ANTHONY & FR FABIAN DICOM Deacon: DEACON ANDREW LOH						Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS		
					Account Name		2.1		l	
Get Connected With Us					Email Bank-in-Slip to admin@holyspiritcathedral.com					
We would love to connect with you!					Our Collection on 10 & 11 August 2024: RM 8,994.00					
Please follow us on our social media platforms and email for the latest updates on our events.					"God loves a cheerful giver." – 2 Cor. 9:7					
admin@holyspiritcathedral.com										
(f) CHSpenang (i) chspenang voutube.com/CHSPgTv					1. MERDEKA FAMILY DAY @ CHS 31 AUGUST 2024 Celebrating Merdeka in the Spirit of Tradition, Heritage, Togetherness & Inclusivity.					
SALT OF THE FARTH AND LIGHT OF THE WORLD					Inviting All Parishioners & Friends! Come join us celebrate Hari Merdeka this year @ CHS!!!					
2024 THEME COMMUNION PARTICIPATION AND MISSION					Start the day with a beautiful THANKSGIVING MASS at 9am to pray for our Country, our Leaders and our Nation and of course ourselves!					
SERVANT LEADERSHIP										
DATE	TIME	ACTIVITY	MASSES IN THE PARISH	>		d in traditional wear - Ta	ake part in the Pakaian 1	Fradisi Parade and rec	eive a	
Aug 18 (Sun) Prov 9:1-6			20 [™] SUNDAY IN ORDINARY TIME (YEAR B)	7	surprise!!!	tu (Doothol				
Ep 5:15-20	8.00 am	MASS (M)	No Livestream		 Visit our Minist Loads of Fun 		Caroms, Bingo!, Face P	ainting Rosary Making	Soan	
Jn 6:51-58	10.30 am	MASS (E)	Livestream			intests and lots more!	Carolino, Dingol, raco r	annang, noodry naking,	ooup	
Aug 19 (Mon) Aug 20 (Tue)	6.40 am		St. John Eudes, Priest	×	 Yummy food a 	nd snacks a plenty for all	to fellowship together to	owship together too!		
	7.00 am 6.40 am	MASS (E) Lauds	No Livestream St. Bernard, Abbot, Doctor	- F	lere are the ways y		35			
	7.00 am	MASS (E)	No Livestream	1	1. Seek your Zone/BEC leads for assistance; or					
	6.10 pm	Vespers	St. Pius X, Pope	2			-34 S			
Aug 21 (Wed)	6.30 pm	MASS (E)	No Livestream		https://docs.google.com/forms/d/e/1FAlpQLSdUuvdOS5 gZIWyDr2sD2EHHghKIs0AkbLuB-mL9KY1ieLSpw/viewform; or					
Aug 22 (Thu)	6.10 pm	Vespers	Our Lady, Mother and Queen	3	. Scan the QR c	(E) B(GE2) (49 P3			
	6.30 pm	MASS (E)	No Livestream	C	Date/Time: 31 August, 2024 (Saturday) 9am - 2pm					
Aug 23 (Fri)	6.30 pm	MASS (E) followed	St. Rosa of Lima, Virgin	S	See you there!					
	6.40 am	by Holy Hour Lauds	No Livestream St. Bartholomew, Apostle, Feast	2. <u>2</u>	024 EMHC FORM	ATION 18 AUGUST	2024			
Aug 24 (Sat)	7.00 am	MASS (E)	No Livestream	E	Extraordinary Minister of Holy Communion (EMHC) will be having a Formation on:-					
	5.30 pm	Novena to OMPH		C	Date: 18 August 2024 (Sunday)					
	6.00 pm	followed by MASS (E)	Livestream		ime: 3pm-7pm					
Aug 25 (Sun) Josh 24:1-2,15-18			21 ST SUNDAY IN ORDINARY TIME (YEAR B)	 Venue: St Mark Classroom Kindly pray for a fulfilling and spirit filled Formation for our EMHC members. 3. INFANT BAPTISM FOR AUGUST 2024 25 AUGUST 2024 						
Ep 5:21-32	8.00 am	MASS (M)	No Livestream							
Jn 6:60-69	10.30 am	MASS (E)	Livestream							
E = English M = Mandarin T = Tamil BM = Bahasa Malaysia					For parents who wish to have their child baptised, infant baptism will be held in the main church on					
	BANNS OF MARRIAGE Wedding Service (E)			Sunday, 25 August 2024 at 12noon. Please register at the Parish office. There will be a pre-						
07 Sep (Sat)	2.30 pm		am + Christina Anna Marie a/p Joseph Raj	b	baptismal instruction and briefing for both parents and godparents.					

4. HYM FUNDRAISER | 24 & 25 AUGUST 2024

Looking for a flavourful way to make a difference?

Haven Youth Ministry has got you covered! Catch us at the cafe for our very own food & beverage fundraiser! Proceeds from this event will go towards funding a much-anticipated leadership retreat located at Harvest Haven, where our youth will connect and grow in our lifelong journey of discipleship. Ranging from classic confections to delectable homemade dishes, our spread is virtually endless. Satisfy your cravings with delicious meals and thirst-quenching drinks while our talented youth entertain you with live music. Every bite will be of benefit to the young people in the church!

Date: 24 & 25 August 2024

Venue: Agape Cafe, Cathedral of the Holy Spirit

Time: 4:00pm-8:00pm (Saturday, 24 August 2024) 8:30am-1:00pm (Sunday, 25 August 2024)

For any questions, you may reach out to:

Hannah: +60 12-733 9822 Caitlin: +60 16-421 5027

Savour the taste, support the cause.

5. HYM MOVIE NIGHT: BREAKTHROUGH | 24 AUGUST 2024

Get ready to unwind and indulge in the magic of Saturday movie night!! HYM is hosting a movie night on the 24th of August! Come join us as we watch **BREAKTHROUGH** together, as well as fellowship together!

Movie Title: Breakthrough

Date: 24 August 2024 (Saturday)

Time: 8.30pm - 10.30pm

Venue: St. Michael (2nd floor classroom)

Don't miss out on this one. Hope to see you there! 🔂 🎞

6. FREE HEALTH SCREENING | 01 SEPTEMBER 2024

Date: 01 September 2024 (Sunday) Venue: St. Paul Loc – Multi-Purpose Hall (opposite the Blessed Sacrament Portico) For more details of the health screening or if you would like to be a volunteer, please contact:-Julia Arulandu 017-390 9258 | Germaine See 施素弯 012-455 0390

7. SPIRITUAL BOUQUET | 08 SEPTEMBER 2024

To celebrate Blessed Virgin Mary, our mother's birthday, we would like to offer a spiritual bouquet comprising of continuous Rosary prayers throughout the day. We welcome you to join us in reciting the beautiful Rosary prayer on the time of your choosing.

Kindly share with us the time you wish to pray the Rosary by filling in this google form: <u>https://docs.google.com/forms/d/e/1FAlpQLSffadMIVP_7DgdplVk5gOQo7ml1bGZm5agftaKMNn</u> 7aKgz9Q/viewform

- (1) Type in your name
- (2) Select the time slot which you wish to pray the Rosary to complete the Spiritual Bouquet.

(3) Remember to click submit at the bottom of the form.

You may check which time slots are available by clicking the link as well as check sign-up status in the form.

8. HYM: STUDENT LEADERSHIP 2024 | STARTING IN SEPTEMBER 2024

Hi youth! We're officially back with our third Student Leadership Programme, which means it'll be 3 times more fun, 3 times more exciting, and you'll definitely grow 3 times deeper in your faith. 3 is a significant number as it represents the trinity, and surely our programme this year would also be as amazing! Come and join us in our leadership family as we learn and grow together, where you will become the leader that God calls you to be. We start in September, and we can't wait to see you there! Looking for more details, or just wanting to sign up for our programme? Contact any one of our leaders: Caitlin Teoh: +60 16-421 5027 Ashley Khor: +60 10-920 6651

9. INVITING FAMILIES WITH SPECIAL NEEDS CHILDREN

We welcome all families who may require support, those with special needs who may wish to serve at Mass or any special needs individuals wishing to attend catechism. Do get in touch with us!

- Cantor Group: Bart & Angie 012-552 6483
- Catechism: Anne Ho 016-410 6992
- > Support & Share Resources: Jo-Anne Devries 012-480 0861 & Annie Chong 016-826 4909

10. NEW TRAFFIC FLOW DURING WEEKEND MASSES | EFFECTIVE 10 AUGUST 2024

Gate A for ENTRY Gate B for EXIT

Please refer to traffic flow notice for mentioned gates as well as speed limit.



