

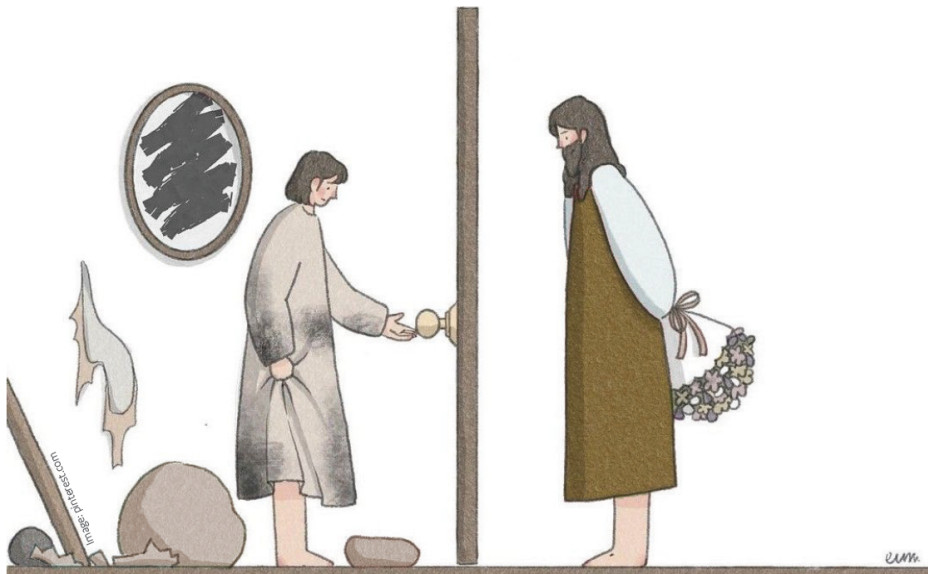
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SALT OF THE EARTH AND LIGHT OF THE WORLD:
CELEBRATING, LISTENING AND WALKING TOGETHER IN A SPIRIT OF
COMMUNION, PARTICIPATION AND MISSION (MATTHEW 5: 13-16).

MONTHLY FOCUS LISTENING TO THE CRY OF THE EARTH

May Our Hearts Be Opened

"Ephphatha...Be Opened." With a single command Jesus heals the deaf and dumb man. *"His ears were opened, his tongue was released, and he spoke plainly"*. But this man couldn't ask Jesus what he wanted himself. Others had to bring him to the Lord.



*"As stewards of
God's creation,
we are called to
make the earth a
beautiful garden
for the human
family."*

Pope Francis



SCRIPTURE of the DAY

Isaiah 35: 4-7

Psalm 145: 7-10

James 2: 1-5

Mark 7: 31-37

They must have spoken up for the man, knowing that Jesus was special person. Their faith and conviction in Jesus must have impressed the Lord. He takes pity on the man and performs the miracle for the one who cannot do much for himself.

St James speaks of the distinction we sometimes make between people who cannot do much for themselves and for those who can. Sometimes, we too make a contrast between the "have's" and the "have-not's". It happens even within church circles. The ones with the influence, power and popularity often get the attention and have a "voice" whether in the family, church and society.

Our faith in Jesus must ensure that we become the "voice" for those who are voiceless and for the ones who cannot do much for themselves. We know that certainly the Lord wants to help everyone, and especially the weak, poor and marginalised, just as he did when he walked on earth.

This is the attitude we too must possess and demonstrate, to tell those who are weak, as written in Isaiah, *"Say to those who are broken-hearted, do not be afraid, your God will come and save you"*. We become more like Jesus when we stand up for the lowly or those burdened by weakness and even failure. People need second chances.

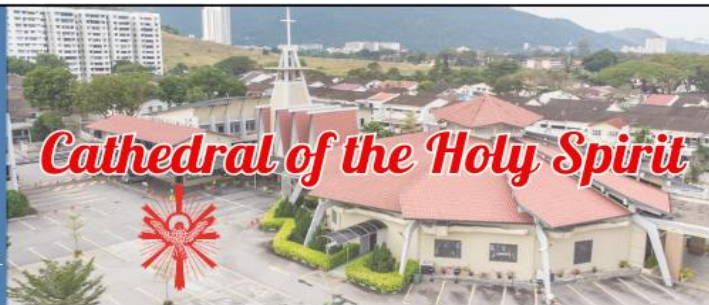
Instead of sitting back and judging others, we too can take people to Jesus as we lift them in prayer and in service. We can make a difference and can give them another chance. So many around us need to experience a little healing or to hear someone say, "I am sorry" or "I care". So many of our hearts need to 'be opened'. This is what Jesus is asking of us as his disciples.

Indeed, this is his command, to love till it hurts. ✚

INTERNAL CIRCULATION ONLY
BUL 36/2024

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CHS BULLETIN



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Deacon: DCN ANDREW LOH

Get Connected With Us

We would love to connect with you!

Please follow us on our social media platforms and email for the latest updates on our events.

admin@holyspiritcathedral.com

holyspiritcathedral.com

CHSpenang

chspenang

youtube.com/CHSPgTv

2024 THEME
SEPTEMBER

**SALT OF THE EARTH AND LIGHT OF THE WORLD:
COMMUNION, PARTICIPATION AND MISSION
SERVANT LEADERSHIP**

DATE	TIME	ACTIVITY	MASSES IN THE PARISH
Sep 08 (Sun) <i>Is 35:4-7 Jm 2:1-5 Mk 7:31-37</i>	8.00 am 10.30 am	MASS (M) MASS (E)	23RD SUNDAY IN ORDINARY TIME (YEAR B) No Livestream Livestream
Sep 09 (Mon)	6.40 am 7.00 am	Lauds MASS (E)	St. Peter Claver No Livestream
Sep 10 (Tue)	6.40 am 7.00 am	Lauds MASS (E)	No Livestream
Sep 11 (Wed)	6.10 pm 6.30 pm	Vespers MASS (E)	No Livestream
Sep 12 (Thu)	6.10 pm 6.30 pm	Vespers MASS (E)	The Most Holy Name of Mary No Livestream
Sep 13 (Fri)	6.10 pm 6.30 pm	Vespers MASS (E)	St. John Chrysostom, Bishop, Doctor No Livestream
Sep 14 (Sat)	6.40 am 7.00 am 5.30 pm 6.00 pm	Lauds MASS (E) Novena to OMPH followed by MASS (E)	The Exaltation of the Holy Cross, Feast No Livestream Livestream
Sep 15 (Sun) <i>Is 50:5-9 Jm 2:14-18 Mk 8:27-35</i>	8.00 am 10.30 am	MASS (M) MASS (E)	24TH SUNDAY IN ORDINARY TIME (YEAR B) No Livestream Livestream

E = English M = Mandarin T = Tamil BM = Bahasa Malaysia

PLANS FOR UPCOMING MONTHS (Inclusivity, Care & Unity)

September – Month of Care

October – Month of Unity

November – Month of Inclusivity, Care & Unity

PARISH NEWS

THANK YOU FOR YOUR GENEROSITY

Offerings of Mass Intentions, financial giving of monthly tithing, love offerings or donations to the Parish can be made through online transfers to the following designated bank account:-

Online Payment for	Donations Mass Offering Hall Booking Wake Room Booking	Tithes	Sharing Hope Project Outreach Projects
Bank	Public Bank Berhad	RHB Bank Berhad	RHB Bank Berhad
Account Number	309 3049812	20708 2000 39510	20708 2000 39928
Account Name	Cathedral of the Holy Spirit	Cathedral of the Holy Spirit	Cathedral CHS

Email Bank-in-Slip to admin@holyspiritcathedral.com

Our Collection on 31 August & 01 September 2024: RM 8,689.00

Our 2nd Collection on 31 August & 01 September 2024: RM 8,088.55

“God loves a cheerful giver.” – 2 Cor. 9:7

1. PARISH PASTORAL ASSEMBLY | 29 SEPTEMBER 2024

In preparation for our upcoming CHS 2024 Parish Pastoral Assembly on Sunday, 29 September from 2pm-7pm, we need your help to register through the online google form <https://forms.gle/eVPfbsSEsaPuTZ1bA> to help us plan on the refreshments and logistics. We look forward to the sharing of our Church plans as we prepare together to embrace the Year of Hope.

2. SEPTEMBER 2024: MONTH OF CARING

LOVE YOURSELF – LOVE ONE ANOTHER – LOVE OUR COMMON HOME

Date	Activities / Events	Details
8 Sep	Spiritual Bouquet with Legion of Mary To celebrate Blessed Virgin Mary, our mother's birthday, let us offer a spiritual bouquet comprising of continuous Rosary prayers from 6am to 12 midnight.	Pray a decade of rosary on 8 Sep Join us in reciting the beautiful Rosary prayer on the time of your choosing. Google form registration: - Click here
1-8 Sep	Spiritual Bouquet – Prayer Request Prayer requests will be lifted up during the rosary prayers and at 10.30 am Mass, 8 Sep.	Prayer petition box is available outside the Chapel until 10 am on 8 Sep.
12 Sep 8pm	Holy Spirit Prayer Group (HSPG) Prayer meeting - Ministering Night All are welcomed to join the prayer meeting. There will be healing session for those who would like to be prayed over.	Venue St. Michael Room @ 2 nd Floor Oikos Building

SEPTEMBER 2024: MONTH OF CARING

Date **Activities / Events**
15 Sep **Tamil Apostolate Retreat**
1-7pm **“Journey With the Lord”**
Inviting all Tamil speaking parishioners.
Let us come together, with the Lord,
listen to the Word of God.

16 Sep **Malaysia Day Outreach**
Co-sponsor a Meal @ RM5
On Malaysia Day, we will be sponsoring a
total of 400 meals to various home/centre ie
Syukur Penyayang, The Little Sisters of the
Poor, Agape Meal program, St Joseph's
Home, Agape Children's Home and
Lighthouse Feeding Center.

Join an outreach to the following places:-

- Little Sisters of the Poor (10am to 1pm)
- St Joseph's Home (10 am to 12.30 pm)
- Lighthouse (3pm to 5pm)

28 & 29 **Recycling Drive**
Sep after We invite you to clean and segregate your
Mass waste for recycling.
Collection will be limited to Paper
(Carton Box, newspaper, mix paper),
Plastic and Tin cans, E-Waste (Power
bank, Wires, Electronic items – tablets,
monitor, phone etc) and Old clothes.

LOVE ONE ANOTHER

Calling for Volunteers

(a) Transport Assistance for Seniors to attend Mass once a Month.

(b) Medical Volunteer for Health Check and Emergency Response during Mass.

To better support the seniors in our community, we need volunteers for transport and medical. If you are able to serve in this area, kindly register your interest at the church office or via google form: <https://forms.gle/uzXiGeWuW9SA15BZ9>

3. **RETURN OF MOTHER MARY STATUES | BY 15 SEPTEMBER 2024**

BEC Leaders are requested to kindly return the Mother Mary statues to the parish office by 15 September 2024.

4. **INFANT BAPTISM FOR SEPTEMBER 2024 | 22 SEPTEMBER 2024**

For parents who wish to have their child baptised, infant baptism will be held in the main church on Sunday, 22 September 2024 at 12noon. Please register at the Parish office. There will be a pre-baptismal instruction and briefing for both parents and godparents.

Details

Registration:
RM5 per pax
Alice Anthony 016-4377190
Michelle 016-4731712
Venue : CHS 2nd Floor Classroom

Donation can be made to:-

Cathedral CHS
RHB Bank Berhad
20708 2000 39928

We invite each one to donate RM5
for a meal. The balance cost shall
be sponsored by the parish.

Register for an outreach at the
church office or via
Google form: -

<https://forms.gle/uzXiGeWuW9SA15BZ9>

Venue

At the porch in front of Dewan Holy
Spirit entrance.

5. **MASC PENANG: REDUCING RISKS OF DEVELOPING DEMENTIA | 29 SEPTEMBER 2024**

Bring family, friends and all those who are keen to find out what Dementia is.
Dr Cecilia Chan will share her vast experiences in this area to empower us.
Date/Time: 29 September 2024, 2.00 – 5.30 pm
Venue: Monsignor Aloysius Spirituality Centre (MASC), Penang, Ground
Floor
Fee: RM10.00 per person

REGISTRATION



6. **SPIRITUAL WARFARE: IN THE LAST DAYS | 12 & 13 OCTOBER 2024**

Date: 12 October 2024 (Saturday) (Mandarin) | 13 October 2024 (Sunday) (English)
Time: 9.00am – 6.00pm
Venue: The Cathedral of the Holy Spirit, Penang
Speaker: Agnes Lim
Fee: RM50.00 per pax
Closing date: 30 September 2024

For registration:

https://docs.google.com/forms/d/1_mXapIWNyD_jgt5mZE-Fww6b821RHHKbM7ulx_wZXII/edit

Payment transfer to: LEE SU SU RHB BANK Account No.: 10709100144960
Remarks/Reference: Your Full Name

For Further Enquiries Contact :

Maureen 012 – 4216279 (English) | Gemma 012 – 5285226 (Mandarin)

Join us for a day of spiritual growth to understand: -

- NEW DIABOLIC INFLUENCES:** Uncover modern ways demons influence us.
- CHALLENGES FOR YOUNGSTER:** Understand the growing spiritual battles faced by our youth.
- COMBAT STRATEGIES:** Learn how to put on the full armour of God.

7. **RACHEL'S VINEYARD: 3-DAY/2-NIGHT STAY IN PENANG | 18-20 OCTOBER 2024**

RACHEL'S VINEYARD welcome ANY PERSON man or woman who is struggling with emotional and spiritual pain of an abortion. A 3-day/2night stay-in scriptural based retreat will be held in Penang on 18-20 October 2024 (Friday to Sunday).

Closing date for registration: 16 September 2024.

This retreat is specially designed to help participants experience the mercy, compassion, love and healing grace of God. It is a time of grace. Please contact Mary at 016-4190538 or email at: rachelsvinyard.my@gmail.com for more information. All communication will be strictly confidential.

8. **PDYN LEADERSHIP RETREAT | 22-24 NOVEMBER 2024**

The Penang Diocesan Youth Network (PDYN) will be organizing a PDYN Leadership Retreat at the Church of the Sacred Heart, Kampar from 22nd to 24th November 2024. The objective of this retreat would be to nurture and equip young people to be the 'Now of God'. This leadership retreat is open to individuals aged 18 to 29 years old 🧑🏻🧑🏻. Parish youth, campus students and young adults are encouraged to join.

If you are interested, you can register by scanning the QR code on the poster or directly contact PDYN Office at 📞 012-346 4416.

SEPTEMBER 2024
MONTH OF CARING AND SEASON OF CREATION

*God is love. Whoever lives in love,
 lives in God and God in them. (1 John 4 :16)*



 **LOVE YOURSELF**
 **LOVE ONE ANOTHER**
 **LOVE OUR COMMON HOME**

Cathedral of the Holy Spirit, Penang
 September - Month of Caring



**LOVE ONE ANOTHER
 YOU CAN MAKE A DIFFERENCE**

CO-SPONSOR A MEAL @ RMS

Help us to sponsor a total of 400 meals to various homes/center - The Little Sisters of the Poor, Syukur Penyayang, Agape Meal program, St Joseph's Home, Agape Children's Home and Lighthouse Feeding Center.



JOIN US **16 SEPTEMBER 2024**
MALAYSIA DAY OUTREACH

Little Sisters of the Poor - 10 am to 12.30pm
 St Joseph's Home - 10 am to 12.30 pm
 Lighthouse Feeding Center - 3pm to 5pm

TO SERVE OTHERS

Transport - Assist parishioner to attend mass once a month
 Medical - Health Screening and Emergency Response Team
 Any other ministries in the parish.

Register via google form or visit the Parish Office.

Cathedral of the Holy Spirit, Penang
 September - Month of Caring
 Love Our Common Home

SMALL STEPS BIG IMPACT

BYOC BRING YOUR OWN CONTAINERS

This small action helps to reduce waste, disposable wares and single-use plastics.

CONSERVE RESOURCES

Be mindful of the usage of electricity, water and fuel. Every small action counts.

RECYCLE & REUSE

Recycling Drive 28 & 29 Sep
 Properly sort and recycle paper, plastic, tin cans, E-Waste and old clothes.

PRACTICE CLEANLINESS AND RESPONSIBILITY OF CHURCH FACILITIES

My church - My home
 My church as I my home.

FROM YOUR OWN VEGETABLES AND HERBS

Come and learn more about farming with "Seeds of Hope" project team. They meet every Saturday at Barn at the Grotto.

PDYN LEADERSHIP RETREAT 2024

Scan Here to register



TARGET AUDIENCE

PARISH YOUTH, CAMPUS STUDENTS & YOUNG ADULTS
 18 - 29 YEARS OLD

RM 70
 Registration fee: (T-shirt & Kit included)

OBJECTIVE
TO NURTURE AND EQUIP THE YOUNG PEOPLE TO BE THE "NOW OF GOD"

For further enquiries, contact us:

 PDYN PENANG
  012-346 4416 (PENANG DIOCESEAN YOUTH NETWORK)